

Speaker Bios

Grant Garrigues, MD

Dr. Garrigues completed undergraduate and medical school training at Harvard and Harvard Medical School, with an additional research degree from MIT. After completing orthopaedic surgery residency at Duke, he pursued further training in shoulder and elbow surgery, completing a one-year fellowship at The Rothman Institute in Philadelphia. He currently practices at Duke University Medical Center in Durham, NC, where he is the Co-Director of Upper Extremity Trauma Surgery and the former Co-Director of the Duke Sports Medicine and Shoulder Surgery Fellowship. Dr. Garrigues was selected as one of two surgeons nationwide for the American Shoulder and Elbow Surgeons European travelling fellowship in 2017. His research and clinical practice center on the management of complex shoulder and elbow pathologies with techniques spanning the spectrum from minimally invasive arthroscopic surgery to revision shoulder arthroplasty.

June Kennedy, MS, PT

June Kennedy, MS,PT is a senior level physical therapist at Duke Sports Medicine Physical Therapy with over 30 years of clinical experience. Her undergraduate degree in physical therapy is from Louisiana State University Medical Center, with an advanced Master of Science degree in Physical Therapy from the University of North Carolina in Chapel Hill focusing on Biomechanics with a minor in education. June specializes in surgical and non-operative care of shoulder patients and is an active member of the American Society of Shoulder and Elbow Therapists, also serving as the Education Committee Chair of this organization. She reviews rehabilitation based articles for the Journal of Shoulder and Elbow Surgery and serves as Program Chair for the North Carolina Physical Therapy Association Orthopedic Special Interest Group. June has lectured at the local, state and national level on shoulder rehabilitation for adhesive capsulitis, proximal humeral fracture management, shoulder instability, and glenohumeral osteoarthritis with total and reverse shoulder arthroplasty. Additionally, June has served on the Review Panel for the American Academy of Orthopedic Surgeons for the development of Appropriate Utilization Criteria for surgical intervention on rotator cuff tears. June has published research in the area of rotator cuff ultrasound imaging and is currently actively engaged in research in the area of physical therapy intervention following reverse shoulder arthroplasty.

Physical Therapy License to practice in North Carolina: P3484.

Sameer Nagda, MD

Dr. Sameer Nagda, is a Sports Medicine and shoulder specialist at the Anderson Clinic. He evaluates and surgically treats problems of the knee, shoulder, and elbow. He is an Assistant Professor of Clinical Orthopaedic Surgery at Georgetown University School of Medicine. He is a member of the prestigious American Shoulder and Elbow Surgeons. He is a founding member of the Mid-Atlantic Shoulder and Elbow Society and is a member of the American Orthopaedic Society of Sports Medicine. He has a Certificate of Added Qualification in Sports Medicine. In addition to his clinical practice, Dr. Nagda is the team physician for the Potomac Nationals Baseball Team, and a physician for the United States

Women's National Soccer Team and travelled with them to Rio for the 2016 Summer Olympics. He has also served as a team physician for the Men's U-23 National Soccer Team and as an assistant team physician for the Washington Nationals Baseball Team.

Dr. Nagda has won numerous awards for his research. He has received the prestigious Neer Award from the American Shoulder and Elbow Surgeons. This is the highest award given in the field of shoulder surgery. He has also received multiple awards from the American Academy of Orthopaedic Surgeons and the Eastern Orthopaedic Society for his research. Dr. Nagda has also served as the Editor-in-Chief of the University of Pennsylvania Orthopaedic Journal and is reviewer for the Journal of Bone and Joint Surgery and the Journal of Shoulder and Elbow Surgery. He lectures at the local, national, and international level on a regular basis. In addition to his clinical and research practice at Anderson Clinic, Dr. Nagda volunteers and helps with the curriculum for the orthopaedic surgery residents at Georgetown and interviews prospective students for the Georgetown University School of Medicine.

Dr. Nagda received his undergraduate degree with honors from the University of California at Los Angeles. He completed his medical education at the Chicago Medical School. There he was elected to the Alpha Omega Alpha Medical Honor Society and was given the Dean's Award for achievement and performance. Dr. Nagda completed his residency in Orthopaedic Surgery at the University of Pennsylvania School of Medicine. There he was selected as the academic chief resident and given the DeForest Willard Award as the most outstanding senior orthopaedic resident. He then pursued specialized training in sports medicine and arthroscopy at the world-renowned Kerlan Jobe Orthopaedic Clinic in Los Angeles. There he assisted in the care for many sports teams including the Los Angeles Dodgers and Los Angeles Lakers. While practicing at the Anderson Clinic, Dr. Nagda has served as a team physician for Georgetown University and several local high schools. He was an Orthopaedic consultant for the 2011 NCAA Men's College Basketball Tournament at the Verizon Center.

Prior to joining the clinic, Dr. Nagda practiced in Las Vegas. While in Las Vegas, he was a team physician for the University of Nevada at Las Vegas (UNLV) Athletic Department, the Las Vegas Gladiators Arena Football Team, and the Las Vegas Wranglers Minor League Hockey Team. Dr. Nagda also cared for many of the performers in the various Las Vegas shows and was an Orthopaedic consultant for the 2007 NBA All-Star Game and the 2007 FIBA Americas Basketball Championship.

Dean C. Taylor, MD, COL (retired) U.S. Army

Professor of Orthopaedic Surgery

Director, Duke Sports Medicine Fellowship

Chairman, Feagin Leadership Program

Director, School of Medicine Leadership Education and Development (LEAD) Curriculum

Dr. Dean C. Taylor is a professor in the Department of Orthopaedic Surgery at Duke University. He is the Director of the Duke Orthopaedic Sports Medicine Fellowship and serves as a team physician for Duke University. Dr. Taylor received a B.S. degree from the U.S. Military Academy and an MD degree from Duke University. He is a graduate of the Duke Orthopaedic Surgery Residency Program and completed his fellowship in Sports Medicine at the Letterman Army Institute of Research, Presidio of San Francisco, and Keller Army Hospital, West Point.

Dr. Taylor's clinical and research interests focus on sports medicine injuries of the shoulder and knee, with particular emphasis on instability problems and ligament tears. He is actively involved in leadership initiatives in the Duke School of Medicine, the Fuqua School of Business, and the Coach K Fuqua Center of Leadership and Ethics (COLE) Program. He serves as Chairman of the Feagin Leadership Program.

Dr. Taylor served in the United States Army for 24 years. For the last 10 years of his military service, he was stationed at the U.S. Military Academy at West Point where he held positions as the Chief of Orthopaedic Surgery, Head Team Physician, and Director of the Sports Medicine Fellowship Program. He retired from the Army at the rank of Colonel in 2005.

Dr. Taylor is a past president of the Society of Military Orthopaedic Surgeons. He has been a member of the Board of Councilors of the American Academy of Orthopaedic Surgery and is on the Medical Publishing Board of Trustees for the American Orthopaedic Society for Sports Medicine. He was one of the co-founders and remains the General Secretary of the Magellan Orthopaedic Society, the alumni organization for sports medicine traveling fellowships. Dr. Taylor is a member of many national orthopaedic organizations and collaborates with surgeons from all over the world.

Dr. Taylor has published over 100 peer-reviewed publications. He has received the Kappa Delta-Ann Doner Vaughn Award from the American Academy of Orthopaedic Surgeons, the O'Donoghue Award, the Hughston Award, and Excellence in Research Awards from the American Orthopaedic Society for Sports Medicine. He has been a Sports Medicine Traveling Fellow to the Western Pacific in 1993, and Godfather to the inaugural Sports Medicine Traveling Fellowship to Latin America in 2005.

Stephen John Thomas, Ph.D, ATC

Education:

University of Pennsylvania, Philadelphia, PA

Post-Doctoral Fellowship

Department of BioEngineering

Emphasis in Tendon Injury, Healing, and Regeneration

Date of Completion: August 2013

University of Delaware, Newark, DE

Doctor of Philosophy in Biomechanics

Emphasis in Biomechanics

Date of Graduation: January 2010

Temple University, Philadelphia, PA

Masters of Education in Kinesiology

Emphasis in Athletic Training

National Athletic Trainers' Association Approved Curriculum

Date of Graduation: May 2005

Temple University, Philadelphia, PA

Bachelor of Science in Kinesiology

Received Cum Laude Honors

CAAHEP Approved Athletic Training Program
Date of Graduation: May 2003

Professional Experience:

Assistant Professor

Temple University, Philadelphia, PA
Department of Kinesiology
Athletic Training

8/2015-Present

Chief Scientific Consultant

University of Pennsylvania, Philadelphia, PA
Penn Throwing Clinic
Orthopedic Surgery

5/2015-Present

Responsible for the creation and implementation of Penn Throwers' Center 3D pitching analysis, kinetic chain evaluations, and research.

Philadelphia Phillies

Research Consultant

2010-Present

Certifications/Affiliations:

American Society of Shoulder and Elbow Therapists

2008-Present

Delaware State Licensed Athletic Trainer

2006-2012

Approved Clinical Instructor, University of Delaware

2006-2010

University of Delaware ATEP Steering Committee

2006-2010

NATA BOC Certified Athletic Trainer #060302354

2003-Present

National Athletic Trainers' Association, Certified Athletic Trainer

2003-Present

Eastern Athletic Trainers' Association, Certified Athletic Trainer

2003-Present

Pennsylvania State Licensed Athletic Trainer #RT003498

2003-2006; 2010-Present

American Red Cross Association CPR/AED for the Professional Rescuer

2003-Present

Alan Tyson, PT, SCS, ATC, CSCS

Alan Tyson is the President Architech Sports and Physical Therapy. He was the former Vice President of Sports Performance and Rehabilitation for OrthoCarolina. He is a physical therapist board certified as a sports clinical specialist, a certified athletic trainer and certified strength and conditioning specialist. He has worked with the Charlotte Knights (AAA affiliate of the Chicago White Sox) and continues to serve as a consultant to the team. Alan is also a consultant with the Carolina Panthers and Charlotte Eagles. Alan has spoken regionally and nationally on various training topics including the foot and ankle, spine care, hip and knee rehabilitation, and he has developed two continuing education courses on the shoulder. He has written 3 books and developed specific training programs for the female athlete, the baseball pitcher, and for football players preparing for the NFL combines. Alan has been associate editor of the National Strength and Conditioning Journal. He co-hosted and developed a weekly radio show "Health Headlines" on 1110AM WBT with Stacey Sims and Dr. Russ Greenfield for 3 years.