



**American
Society of
Shoulder and
Elbow
Therapists**

ASSET Summer Newsletter 2013

IN THIS ISSUE:

[President's Report](#)

[Past-President's Report](#)

[Education Committee's
Report](#)

[Treasurer's Report](#)

[Research Committee's Report](#)

[Communications Committee's
Report](#)

[Membership Committee's
Report](#)

[Nominating Committee's
Report](#)

President's Report — Eric Sauers, PhD, ATC, FNATA



It's been since August of 2012 since we produced an ASSET newsletter and I extend my apologies for this delay. Hopefully the membership feels that they are being kept well informed through information that we disseminate via our all member email list, the ASSET website, and our ASSET Facebook page. If you haven't had a chance to visit and like our Facebook page, I encourage you to do so!

Producing the ASSET newsletter provides an excellent opportunity to reflect on all the great work of the individuals and committees that make our Society so special. I am continually impressed by the quality and commitment demonstrated by all of our volunteers. It is their tireless contributions that enable us to continue moving towards our vision of being *a leading source of knowledge regarding exemplary clinical care and outcomes oriented research in shoulder and elbow rehabilitation.*

Your ASSET Executive Board has been holding regular conference calls to track our activities aimed at advancing the Society. Our decision to transition Executive Management services to the staff at the American Academy of Orthopaedic Surgeons (AAOS) has been a tremendous success. We are supported by Angela Schnepf and Megan Lusk, who provide outstanding service and deserve a special note of public thanks for all they do to help manage and advance our Society.

Several ASSET members traveled to Nagoya Japan for the 4th International Congress of Shoulder and Elbow Therapists, held April 10–12, 2013. A special note of congratulations goes out to Active Member **Amee Seitz, PhD, PT**, for winning the Best Paper Award in the therapy category! Founding Member, **John Basti**, was part of the organizing committee and also deserves our thanks for his efforts representing ASSET to the international shoulder and elbow therapy community.

“I am continually impressed by the quality and commitment demonstrated by all of our volunteers.”

-Eric Sauers, PhD, ATC,
FNATA



Past-President **Joe Kostuch** has done a great job of securing rooms and meeting space for the 21st Annual Meeting of ASSET, which will be held at the Bellagio in Las Vegas, October 12–15, 2013. Together, with our Education

Committee Chair, **Ellen Shanley** and her outstanding group, and our Research Committee Chair, **Kellie Bliven**, and her outstanding group, I am confident that Joe et al., will produce another first class educational event. On that note, let me also acknowledge the great work done by **Chuck Thigpen** and the Education Committee in organizing our 2012 meeting at Sea Island, which was a tremendous success.

The next big event on the ASSET horizon is our CEU course, “Evidence-Based Rehabilitation Following Rotator Cuff Repair”. This year the course will be held on August 17th at Mercer University, in Atlanta. Information is available on our website and Facebook page and I encourage you to check it out as it always provides an excellent source of information from leading experts.

Finally, I would like to extend my warm gratitude to all of the members of ASSET for making this such a wonderful specialty society. Your commitment to active participation is what makes ASSET unique. I encourage you to look for ways to be actively involved in Society management and leadership through committee work and other special opportunities, such as our involvement in the AAOS Appropriate Use Criteria working groups. If you are interested in getting more involved please don't hesitate to contact me to express your interests at: esauers@atsu.edu. I look forward to seeing you all at our annual meeting and appreciate the opportunity to serve such a distinguished group of rehabilitation professionals.

Past-President's Report — Joe Kostuch, PT, SCS



Congratulations to all ASSET members who attended this year's **ICES/ICSET** in Nagoya, Japan. By all accounts ASSET was well represented and our membership who presented did an excellent job of upholding our mission statement of establishing ourselves as 'a leading source of knowledge regarding exemplary clinical care and outcomes oriented research in shoulder and elbow rehabilitation.' Several of our international members were able to attend and present as well along with an outstanding stateside representation from ASSET.

Moving back across the Pacific, for the first time in ASSET history we've strongly supported the International Meeting along with holding our Annual Meeting stateside. Our 22nd Annual Meeting will be held at the Bellagio Resort in Las Vegas, NV on October 12-15' 2013. Our meeting is being held in conjunction with the **American Society of Shoulder and Elbow Surgeons (ASES)** Closed Annual Meeting taking place also at the Bellagio. ASES has continued their gracious invitation for our members to attend their scientific presentations along with their President's Welcome Reception from 5:30 pm – 7:30 pm on Saturday, October 12.



American
Society of
Shoulder and
Elbow
Therapists

2013 Executive Board

Eric Sauers
President

Joe Kostuch
Past-President

Tim Uhl
President Elect

Kevin Laudner
Secretary/Treasurer

Aaron Sciascia
Member-At-Large

Michael Shaffer
Member-At-Large



ASSET meeting dates will be Sunday, Monday, and Tuesday with a detailed schedule forthcoming. We will be hosting a cocktail reception for our ASSET members and guests on Monday evening from 5:30pm – 7:30pm, October 14. Please stay tuned for other fellowship opportunities to follow!



Bellagio Hotel, Las Vegas, NV

Registration rates have yet to be finalized, but the expectation is they will remain similar to past year's fees. We are looking forward to a terrific meeting and fellowship (and maybe a few wagers as well!)

Hotel rooms have been held under ASSET and can be reserved at 702-693-7444. The weekend room-rate is \$324 +tax, and the weekday room rate is \$274 +tax. This rate can be extended several days prior and post meeting times pending availability. Please reserve early as rooms typically book up well prior to the registration deadline. Online conference registration will be opening mid-July, so please look for further communication from ASSET.

Education Committee's Report — Ellen Shanley, PhD, PT, OCS, CSCS

Matt Zens; Martin Kelley; Joe Kostuch; Ernest Michaud; Arlette Frederick; Mark Lombardi; Ameer Seitz; John Basti



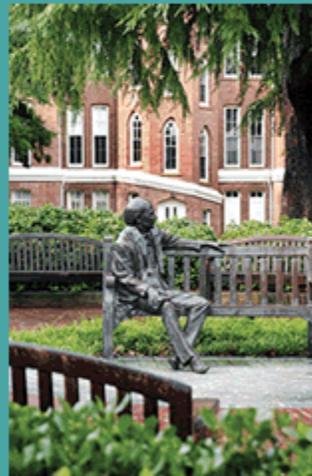
The planning for the yearly continuing education course, **Evidence-Based Rehabilitation Following Rotator Cuff Repair**, is well underway. The one-day rotator cuff course will be presented in Atlanta, GA on August 17, 2013. The ASES member helping ASSET in the presentation

is **Dr. Spero Karas**. The committee would like to thank to Dr. Karas, **Lisa Kovack** (local host), and a special recognition to **Joe Kostuch** for securing and negotiating the venue and producing promotional materials. Other presenters will include: **Bryce Gaunt, Chuck Thigpen and Lane Bailey**.

Registration for the course is open and active on the society website. You may begin registering for the event at your leisure. Please help spread the news and invite colleagues to the course.

[Register Now.](#)

Evidence Based Medicine Following Rotator Cuff Repair Saturday, August 17 2013



*Mercer University
Atlanta Campus
Physical Therapy
Department*

*\$185 Course
Registration*

*The Physical
Therapy
Association of
Georgia (PTAG) will
issue 7 CEU's for
completion of this
course.*



Treasurer's Report — Kevin Laudner, PhD, ATC, FACSM



First, I would like to thank **Will Clark** for all the work he has done as secretary/treasurer over the past two years and for his continued assistance as we have made some substantial changes in the way we manage our finances. More specifically, we have transitioned our bank account, which is currently sitting at just over \$50,000, to AAOS in an effort to expedite financial matters through their Executive Management Services. Specific services provided include preparing and filing ASSET taxes, governance support, and operational assistance. Checks are issued by this management service only after approval by the ASSET president or treasurer. These new services will increase the efficiency of our finances, as well as improve continuity of newly elected Executive Board members.

The CEU Conference course continues to be a strong source of revenue and we are generating additional funds from the online sales of our *Evidence Based Rehabilitation following Rotator Cuff Repair* course. These funds along with our membership dues continue to be our primary sources of revenue, which help offset the various other expenses necessary for our society.

In an effort to structure our revenue and expenses for each year, a finance committee has been established consisting of the president, past president, secretary/treasurer, secretary/treasurer elect, and education chair. This committee will propose a budget for the 2014 fiscal year to the executive board at the annual meeting in October. This budget will be used as a guideline for expenditures throughout the 2014 fiscal year and will aid in our financial decision making process.

Research Committee's Report — Kellie Bliven, PhD, ATC

Jeff Fleming; June Kennedy; Ameer Seitz; Steve Thomas; Craig Wassinger



The Research Committee has been busy this year and I would like to publicly recognize and thank the committee members for their work on three specific projects. First, the Research Committee was charged with reviewing applications and recommending qualified members to serve on various panels in response to requests from AAOS to have ASSET representation on two Appropriate Use Criteria (AUC) projects. Thank you to all applicants for your willingness to serve on behalf of ASSET in this capacity. Second, in response to increased member interest in pursuing clinical studies, the Research Committee is currently developing a proposal process for members to formally request assistance. Our hope is to present the proposal process to the Board and

membership by the October meeting. Lastly, the committee is responsible for reviewing, making decisions, and providing members assistance with abstracts for presentation at the October 2013 meeting. We anticipate approximately 20 abstracts and presentations and look forward to a good program in Las Vegas!



Communication Committee's Report — Aaron Sciascia, MS, ATC, NASM-PES

Joe Kostuch; Brian Phillips



It is imperative that we keep the lines of communication open with our members as ASSET continues to grow. We have numerous means of keeping our members up-to-date with the latest organizational information including the [ASSET website](#), [Facebook](#), and the “all members” email distribution list. Social Media is certainly the norm in a time of instant updates and constant communication. I would like to extend a gracious thank you to **Brian Phillips** for making sure the ASSET Facebook page contains our latest events and notifications.

In order to assure we are reaching everyone, it is critical that we have your most current contact information available to us. Please [check your directory](#) listing on the ASSET website to make sure the information listed is accurate. If an update needs to be made, please contact **Aaron Sciascia** at ascia@lexclin.com. We will also be verifying contact information at the annual meeting.

We love to promote our members and their professional success. If you have earned a recent achievement such as a scholarly publication, award, or recognition, please provide us with the information so we can advertise the accomplishment.

Should you have any questions or concerns, please do not hesitate to contact me at ascia@lexclin.com.

Membership Committee's Report — Tim Uhl, PhD, ATC, PT, FNATA

Mike Shaffer; Aaron Sciascia

As of mid-May we have 95 total members in good standing in our organization.

- 49 Active Members
- 35 General members
- 10 Foreign
- 1 Affiliate



We would like to welcome **Eric Honbo** from Advanced Physical Therapy & Sports Medicine in Thousand Oaks, CA as our newest member who has joined our society in 2013.

- Dr. Eric Honbo PT, DPT, OCS has been practicing orthopedic physical therapy and sports medicine since 1997. As a previous Chicago and New York City Marathon finisher Eric understand the patients' desires to compete, set goals, and achieve them. Eric has had the unique opportunity to also work with many NCAA, professional, and Olympic level athletes as well as numerous professional musicians over the years. He has learned that successful functional outcomes require the unique combination of skilled PT intervention, consistent communication among the patient, therapist and physician, as well as consistent patient



compliance with performing his or her individualized home program. Eric completed an additional post-graduate Year-Long Orthopedic Manual Therapy Course and has developed a special interest in working with shoulder girdle & elbow injuries as well as with spinal impairments. He is a clinical lecturer at California State University Northridge on spinal and pelvic girdle dysfunctions. Eric also provides expert peer & utilization review for Massachusetts and California insurances and has assisted with on-site care for the NBA Summer League. Eric enjoys playing in his weekly basketball games, running, spending time with his family, and learning to play the drums. He and his wife have two daughters and live in Newbury Park, CA.

We would like to congratulate **Stephen Thomas** from moving from General to Active member status this year. We encourage all general members who have been in the society for 2 years to attend and present at our upcoming annual conference in October in Las Vegas. This is a great way to meet your society colleagues and this gives you the opportunity to move to Active member status.

Be on the lookout for some administrative modifications of the By-Laws over the summer as we will be updating those to come in line with how we are doing business. I will be sending that out and posting on the website for your review. Yes, this is not exciting but it is necessary to keep our organization functioning effectively.

Nominating Committee's Report – John Basti

ASSET is a specialty society whose strength lies in the contributions from our members. As such, this fall we will be soliciting nominations for various Executive Committee openings. Please consider someone you would like to nominate or challenge yourself to become more involved and run for an office or volunteer for a committee. We need your involvement!

Nominations will be sent out shortly from our business office to all Active members of ASSET. We will be first nominating and then voting online this year, so please be on the look-out for these upcoming electronic ballots.

Contact Us



**American
Society of
Shoulder and
Elbow
Therapists**

6300 North River Road, Suite 727
Rosemont, IL 60018
P: 847.698.1636
F: 847.832.0536
E: asset@aaos.org

