

ASSET



American
Society of
Shoulder and
Elbow
Therapists

WINTER NEWSLETTER 2011

PRESIDENT'S MESSAGE

As the holiday season is upon us, it is a time for giving thanks and appreciating all of the year's goodness with those closest to us. This sentiment certainly applies to the past year for all ASSET members. We've enjoyed a stimulating scientific meeting in (another) wonderful location where we were each able to grow our professional and personal relationships along with participate in the ASES meetings. These interactions between members and physicians remain the back-bone of our organization – which by using this year's meeting as a measuring stick – has never been stronger.



JOE KOSTUCH
PRESIDENT

With diligent oversight and hard work, our organization continues to operate on stable financial ground and remain leaders in our chosen clinical endeavors. This is a great testament to all of the hard work from both our membership at large and from our committee members and chairs. We have successfully hosted another Rotator Cuff Conference along with progressed in our goal of publishing additional clinical guidelines. These accomplishments are only possible with the hard work put forth from our members. And, as you'll later read, our membership has grown significantly the past two years which is indicative of our collective hard work and willingness to share knowledge.

With growth and prosperity, however, comes change. ASSET will be experiencing some significant change in 2012 – primarily the transition to a new management team. The Executive Board is excited to announce that we have partnered with Department of Society Relations, a branch of the American Academy of Orthopedic Surgeons (AAOS) who will be providing management support for ASSET. Currently, the Department of Society Relations provides management services for 13 orthopedic societies including American Shoulder and Elbow Surgeons (ASES).

The decision to move forward with AAOS was multi-faceted, but can best be summarized by the following. Our Society has experienced significant growth and this opportunity will allow for the delegation of some of the daily administrative duties – previously handled by our Executive Board Members, to AAOS so board members can be more effective in their time management leading our

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WWW.ASSET-USA.ORG

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PRESIDENT'S REPORT

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Society. Officer transitions will be handled smoothly and it has additionally become necessary for ASSET to have a central location for mail, phone, fax and email correspondence. Finally, ASSET will be part of the central hub of planning and communication of the ASES and AAOS. This will help define us on a more professional level and allow us new opportunities that we have not previously enjoyed since we were invisible administratively.

With this transition, we will be saying goodbye to our Executive Secretary. Jean has diligently served ASSET for over 10 years and has often been the glue which has held our society together through years of growth. Her contributions and dedication cannot be measured and will not soon be forgotten. Thank you Jean for all of your dedication to ASSET!

PAST-PRESIDENT'S REPORT

The ASSET 2012 annual closed meeting will be held this year in conjunction with the ASES 2012 closed meeting on:

Thursday, October 11 - Sunday, October 14, 2012
The Cloister at Sea Island, Sea Island, Georgia (near Savannah)

Room Rates \$429/night(includes all resort fees, taxes) – We have locked in 20 rooms at this reduced rate from Wednesday to Saturday nights. These rooms are all Oceanfront Villas. Call today to book as we will likely sell out! Our room block is being held under 'American Society of Shoulder and Elbow Therapists.'



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PAST PRESIDENT'S REPORT

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We anticipate an opening reception to be held Wed night and conference to run all day Thurs, Friday and an abbreviated day Saturday. ASSET will be hosting a cocktail hour on Friday from 5:30-7:30pm where significant others are invited to attend.

Other resort amenities include golf, spa, beach, horse riding, fishing, outdoor activities, and more. Check the resort out at <http://www.seaisland.com>.

ASSET 20TH ANNUAL MEETING THE CLOISTER AT SEA ISLAND, SEA ISLAND, GEORGIA OCTOBER 11TH—14TH, 2012



EDUCATION COMMITTEE REPORT

I trust everyone has enjoyed the fall season and is preparing for winter. Here are the current ASSET education related activities:

Online Education: Brian Leggin is working on editing our Boston 2010 Rotator Cuff Course recordings so that we will have an **online version of the entire course**. Our plan is to offer this course for CEU Credits, making it available to purchase on the ASSET website. ASSET Members will be able to purchase this course at a discounted rate. This online course will be a great way to get ASSET's message out to more rehab professionals along with generating some additional revenue.



REG WILCOX
EDUCATION COMMITTEE

ASSET Rotator Cuff Course in 2011: We held this year's 2 day course in Greenville, South Carolina. It was well attended and raised over \$8,000 for ASSET. Many thanks to the course faculty for their time and expertise:

Chuck Thigpen, PT, PhD, ATC
Ellen Shanley, PT, PhD, OCS
Amea Seitz, PT, PhD, DPT, OCS
June Kennedy, PT
Mark Lombardi, PT, DPT, ATC

Richard J. Hawkins, MD
Michael J. Kissenberth, MD

Many thanks to numerous other ASSET members for their behind the scenes contributions that contributed to the success of this course:

Jean Evans – Registration
Will Clark – Financials
Joe Kostuch – Website Design/Advertising

ASSET Rotator Cuff Course in 2012: We have held the course in a number of cities over the past several years. It is time to start planning for 2012. I am hoping to hold the course in the late Spring in Phoenix, AZ. We typically like to have 1-2 ASES surgeons from the area involved with the course. If you would like to be involved, please contact me as soon as possible.

Post operative Rotator Cuff Guidelines: Chuck Thigpen, Brian Leggin, and I are working on finishing up the cuff guidelines. We will be incorporating a decision making algorithm that Mike Shaffer and Brian have been working on. JOSPT has been contacted and is interested in reviewing the guidelines for publication consideration.

Total Shoulder Arthroplasty & Inverse Arthroplasty Guidelines: The below groups have been organized and have had a kick off conference call to plan out the process of guideline development. Our work is well underway and our goal is to have a draft of each ready for membership review by the 2012 ASSET annual meeting.

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EDUCATION COMMITTEE REPORT

TSA

Martin Kelley

Joe Kostuch

Ellen Shanley—Team Leader

Reg Wilcox

Matt Zens

Inverse TSA

John Basti

Arlette Frederick

Mark Lombardi

Ernest Michaud

Amee Seitz—Team Leader

Reg Wilcox

It is great to have so many ASSET members involved with a number of different educational activities. Please let me know if you have any questions or suggestions regarding ASSET educational activities.

RESEARCH COMMITTEE REPORT

We can credit much of the success of this year's ASSET annual meeting to our membership – thank you! A record 27 quality member presentations were given during the 2.5-day meeting. Abstracts and handouts from this year's meeting are still available on the ASSET website. We are in the planning stage for next year's meeting where we anticipate introducing new presentation formats (example: roundtable discussion, thematic posters, etc.) This will help to facilitate discussion of ideas between members. We look forward to continued sharing and learning from one another!



KELLIE BLIVEN
RESEARCH COMMITTEE

MEMBERSHIP COMMITTEE REPORT

It has been a year since our last newsletter and the membership committee has welcomed 20 new members. Our membership total as of December 2011 is 94. This represents a growth of 27% in membership this past year. We are excited about the growth of ASSET and our new members commitment's to our mission. There are a number of individuals (23) who will be required to present at the 2012 annual meeting in order to maintain membership. Please check the "Member Materials" area at www.asset-usa.org for your status. I will be contacting you this spring if you are due to present next year.



ERIC SAUERS
EDUCATION COMMITTEE

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MEMBERSHIP COMMITTEE REPORT

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As a specialty society, member contributions to the committees and the educational content of the annual meeting are vital to the strength and value of the organization. Please consider how you can get more involved in advancing the mission of the Society. One way to do this is by recruiting other individuals with a passion for shoulder and elbow therapy to apply for membership. If you know of other colleagues that would be great ASSET members please encourage them to apply for membership. Because we have so many new members, we do not have the room here to list all of their bios and photos. However, to learn more about fellow ASSET members, please go to the ASSET website Member Directory (www.asset-usa.org/Members.html). If you have questions, corrections, or concerns please do not hesitate to contact me at: esauers@atsu.edu

WELCOME NEW MEMBERS!

Andrea Deniz Lopes-Albersm PT, MS—Andrea is a physical therapist at the Hospital Israelita Albert Einstein in Sao Paulo, Brazil and has been working with patients with shoulder pain since 2004. She is in her second year of her PhD at the Universidade Federal de Sao Paulo . Her research thesis is focused on the examination of shoulder kinematics and muscle activity in patients with impingement syndrome and scapular dyskinesis. She will be concluding a year long fellowship in Virginia Commonwealth University under the supervision of Dr. Lori Michener.

Lane Bailey, PT, DPT, CSCS—Lane is a physical therapist at Proaxis Therapy in Greenville, South Carolina. Lane is a member of the American Physical Therapy Association Sports Physical Therapy and Orthopedic Special Interest Groups. Lane has presented at orthopedic conferences and currently serves on several research committees at the University of South Carolina.



Ashim Bakshi, MHS, OTR, CHT—Ashim is the clinic director and partner at the Hand and Upper Extremity Rehab Clinic in Terre-Haute, Indiana. He is also the principal and partner at Advanced Rehab Seminars, Inc., which provides post graduate continuing education and training, specializing in shoulder, elbow and hand complex for PTs, OTs, CHTs and ATCs. Ashim primarily treats patients with orthopedic conditions of the upper quadrant and has presented at national and local levels on a variety of topics dealing with orthopedic rehabilitation. He also provides guest lectures at Indiana State University's Athletic Training Program and at the Indian School of Medicine—Terre Haute. Ashim lives with his wife and osn in Terre Haute, IN and enjoys tennis, running and hiking.



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WELCOME NEW MEMBERS!

Joe Basante MA, MS, OTR/L, CHT—is a Occupational Therapist as well as a Certified Hand Therapist at Alfred. I. duPont Hospital for Children in Wilmington, Delaware.



Daniel Bien, PT, OCS, CSCS—Daniel is a practicing physical therapist in the academic orthopedic surgery and sports medicine program at University Orthopedics in Providence, Rhode Island as well as the Coordinator of Physical Therapy Education for the practice. Daniel is a member of the Shoulder Special Interest Group in the Massachusetts Chapter of the American Physical Therapy Association.

Cheryl Caldwell, PT, DPT, CHT, is an assistant professor of physical therapy and orthopaedic surgery at Washington University School of Medicine in St. Louis, Missouri. Cheryl maintains a clinical practice at the School of Medicine specializing in posture and movement as they relate to the treatment of musculoskeletal conditions, with a particular emphasis on the upper quarter, including hand, elbow, shoulder and neck pain. She is a certified hand therapist. She has published a case report using a Movement System Impairment Diagnosis to guide treatment for a patient with shoulder pain. She has also written chapters on the hand and elbow in collaboration with Lynnette Khoo-Summers for the text on Movement System Impairment Syndromes by Shirley Sahrmann.

Roger Harward, PT - Roger's Therapy practice is in Outpatient Orthopedic and Sports Medicine with an emphasis on Shoulder, Elbow and Total Joint Replacement Rehab. He has been the Team Therapist for many of the local high schools, as well as the local university, Dixie State College. Roger and his wife Lani, a special education specialist, have six children plus Lani's brother with special needs. They are now enjoying the addition of five grand children.



Kristine M. Jankowski, PT, DPT, CPI is a physical therapist at Atlantis Orthopaedics in Palm Beach Gardens, FL. She is currently researching and writing a book chapter "Systematic Approach to Shoulder Rehabilitation" with the St. Francis Orthopaedic Institute and Human Performance and Rehabilitation Centers in Columbus, GA.

Dirk Kokmeyer, PT, SCS, COMT—is Director of Physical Therapy at Howard Head Sports Medicine in Denver, Colorado. Dirk is a member of the Orthopedic Section of the American Physical Therapy Association and specializes in sports medicine, manual therapy, manipulation and rehabilitation of shoulder and knee injuries.

Helen McDevitt, MS, PT, OCS—Helen is a physical therapist and the Clinic Manager for Rebound Orthopedics Physical Therapy in Vancouver, Washington.. She is a member of The American Physical Therapy Association Sports and Orthopaedic Sections.

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WELCOME NEW MEMBERS!

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Brian Phillips, PT, DPT—I have been a physical therapist since 2004 and joined my current employer, Human Performance and Rehabilitation Centers (HPRC), in 2006. In 2007 I began work at HPRC - St. Francis Rehabilitation and joined the “shoulder team” working with fellow ASSET members Bryce Gaunt, PT, SCS and Joe Kostuch, PT, SCS. Since then my patient population has consisted of approximately 90% shoulder related diagnoses, and I have had the opportunity to be involved in journal presentations, continuing education speaking engagements, and scientific publications on topics of shoulder pathology and rehabilitation. I live in Columbus, GA with my wife Brooke and our two children, and in my free time I enjoy reading, watching sports, spending time with family and friends, and working in my yard.



Saba Kamal, OTR, CHT—Saba has been a therapist since 1994 and in private practice for the last 3 –1/2 years. She is the Director of Hands-On-Care in San Jose, California. Saba is also the California Chapter President of the American Society of Hand Therapists for 2010—2011.

Kathryn Schwegmann, PT, MPT—Katie has been a physical therapist since 2007 with a focus in outpatient orthopedics. She is an employee of OrthoNeuro in Columbus, Ohio. Katie obtained her Master of Physical Therapy degree from The College of Mount St. Joseph in Cincinnati, Ohio.



Matt Smalling, PT, CSCS. Matt has been a practicing shoulder and elbow therapist for the past 24 years. Matt is President of the Sports Institute of Physical Therapy, Inc. in Humble, Texas

Jonathan C. Sum, PT, DPT, OCS, SCS, CSCS - Jonathan is Director of USC Physical Therapy Associates, Inc. in Los Angeles, California which is the faculty practice for the Division of Biokinesiology and Physical Therapy. Jonathan is also an Instructor of Clinical Physical Therapy in the Division of Biokinesiology and Physical Therapy. Jonathan is a member of the Orthopedic Section and Sports Section of the American Physical Therapy Association.

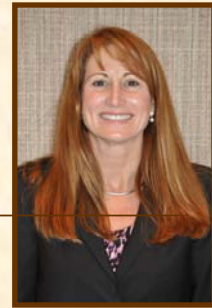


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WELCOME NEW MEMBERS!

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Angela Tate, PT, PhD, Cert MDT. - Angela is Clinical Director and the Center Coordinator for Clinical Education for H/S Therapy Associates, Inc. in Lower Gwynedd, PA. Her research interests are in evaluation of the scapula and shoulder pain in swimmers. Angela is an adjunct faculty member of Arcadia University. She is also a member of the American Physical Therapy Association.



Giorgio Zeppieri— Giorgio is a physical therapist specializing in sports medicine, specifically the overhead athlete. He is also the Rehabilitation and Performance Director of Elite Pro Ball Academy. He is also a therapist at the University of Florida/ Shands Orthopedic and Sports Medicine Institute where he is part of the overhead return to sports team.. He is a member of NSCA and the APTA Sports and Orthopedic Sections. Giorgio and his wife Kathryn Elizabeth Normal currently reside in Gainesville, Florida. They have a four year old son, Christopher Alden as well as a one year old daughter Isabella Eden Karisma . Giorgio is a long time New York Mets, Knicks, and Rangers fan as well as a fan of any associated with the University of Florida.



REMINDER

ASSET 2012 MEMBERSHIP DUES ARE DUE FEBRUARY 1ST, 2012

Please visit the ASSET website at www.asset-usa.org and follow the member materials link to membership renewal. There is a \$5 processing fee for dues paid online. Please make every effort to pay your dues by the February 1st, 2012 deadline to ensure that our subscription to the Journal of Shoulder and Elbow Surgery is uninterrupted. Please see page 12 of this newsletter for your 2012 dues invoice.

NOMINATION COMMITTEE REPORT

We had an excellent response to our Fall Elections. There were three open positions with which we ended up with multiple candidates for each. We are fortunate to so many members willing to contribute to our society!

New Committee Members include:
Eric Sauers – President Elect, Membership Chair
Ellen Shanley – Member at Large
Kevin Laudner – Secretary/Treasurer Elect

Welcome aboard to all!



JOHN BASTI
NOMINATION CHAIR

COMMUNICATION COMMITTEE REPORT

As the weather is turning colder and the days shorter, I wish everyone warm greetings. I would like to acknowledge Joe Kostuch's efforts the last few years as the communication chair for ASSET. He excelled at assuring the membership was well informed and made current of the happenings within the organization. He has served as a patient mentor to me as I have gradually taken on the role of communication chair and for that I am grateful.

At the first of the year, ASSET members may begin renewing their membership. This may be accomplished on-line at <http://www.asset-usa.org> under "Member Materials" and then "Membership Renewal." Payment may also be made via check – simply download the invoice on the renewal page and send to our new mailing address. The membership fee for 2012 will be \$160.00 for all members

The 20th Annual Meeting of ASSET will be held October 11-14, 2012 at Sea Island, GA. Please check the link under "Member Materials" and then "Attend Present Record" to see if you are required to attend, present, or advance your membership status within the organization

If your contact information has changed over the past year, please send me your updated information. Additionally, if any member has recently been published (within the last 3 months) and would like to share the work with our members, please send an electronic link to the journal where the paper is contained so that it can be posted on the ASSET website.

Should you have any questions or concerns, please do not hesitate to contact me at scia@lexclin.com.



AARON SCIASCIA
RESEARCH COMMITTEE CHAIR

TREASURER COMMITTEE REPORT

We currently have just over \$40,000 in our checking account and continue to be tracking well with respect to our budget. With the continued success of our annual CEU Conference along with the diligent planning of our past-president we've been able to continue keeping the registration for Annual Conference reasonable.

As we move forward with our new relationship with AAOS for Executive Management Services, it is important that you understand where your membership dues go. The Journal of Shoulder and Elbow Surgery costs us \$90 per member and \$125 per foreign member. The remaining \$70 goes to support our society's management along with special initiative programs. We have a small revenue stream from our corporate sponsors, but our largest 'non-dues' revenue sources have been our CEU Conference and several much-appreciated ASES physician donations over the years.




WILL CLARK
RESEARCH COMMITTEE

As our society continues to strengthen and grow, our operating margins remain small. We have an excellent opportunity upon us with our new partnership with AAOS, but will require continued diligence on our finances along with the potential for a change in dues structure in upcoming years.



**ASSET'S NEW
CONTACT
INFORMATION**



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Rosemont, IL 60018**

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Email: asset@aaos.org**





American Society of Shoulder and Elbow Therapists

- Active Member \$160
- General Member \$160
- Foreign Member \$160

DUE DATE: FEBRUARY 1ST, 2012

MEMBERSHIP DUES JANUARY 2012—DECEMBER 2012

DUES RECEIVED AFTER FEBRUARY 1ST., 2012 WILL BE ASSESSED LATE FEES

DUES RECEIVED AFTER FEBRUARY 1ST \$25
 DUES RECEIVED AFTER MARCH 1 ST \$50
 DUES RECEIVED AFTER APRIL 1ST (TERMINATION OF MEMBERSHIP AT THE DISCRETION OF THE BOARD)

PLEASE PROVIDE NAME/ADDRESS/PHONE/FAX OR EMAIL ADDRESS CHANGES:

Last Name: _____
 First Name _____
 Middle Initial _____

(Please indicate preferred mailing address)

Business Address

Business Address : _____

Business Phone: _____
 Business Fax: _____
 Business Email: _____

Home Address

Home Address : _____

Home Phone: _____
 Home Fax: _____
 Home Email: _____

RENEW ONLINE AT WWW.ASSET-USA.ORG OR BY MAIL
PLEASE MAKE CHECKS PAYABLE TO "ASSET"
American Society of Shoulder and Elbow Therapists
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