



ASSET Annual Meeting 2004
The Plaza Hotel, New York City
September 29th—October 1st, 2004

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Special points of interest:

- **ASES Annual Meeting 2005**
- **ASSET Annual Meeting 2004 Social Program**
- **2004 Annual Meeting Abstract Submission Form**

President's Message
Brian Leggin

My Fellow Members:

Wow!! This year seems to be really flying by! I hope this message finds each of you and your families well. I also hope your schedules allow for ample time to get out and enjoy the summer weather!

In the last newsletter, I spoke of what an honor it is to serve as President of ASSET. Well now that I'm well past the halfway point of my term, I'd like to report that the honor comes from being able to observe first hand, the hard work and dedication of all our members. The executive board, committee chairs and their members have worked hard this year to accomplish so much. In addition, several members have stepped forward to present at the international meeting and this year's annual meeting. Although, we sometimes stray, Jean Evans is always there to keep things flowing smoothly. In summary, it's the people who make ASSET a great organization to be part of.

Special thanks and congratulations go out to John Basti (Program Chair), Basil Baccash, Sarah Jackins, and Tim Uhl for

their hard work in putting together a terrific program at the 9th International Conference on Surgery of the Shoulder and the First International Congress of Shoulder Therapists. Our group was well represented in terms of attendance and presentations. It was also exciting to meet and exchange ideas with, as well as hear of the work being done by our colleagues around the world. John Basti has already been in discussions with the surgeons committee regarding our involvement in the next meeting to be held in Brazil, September 2007! So get your passport ready.

The Education and Research Committees are hard at work putting together the program for this year's annual meeting to be held September 29 – October 1 at the famed Plaza Hotel in New York City! As we discussed at last year's annual meeting, program time will allow ample time for exploration of "The City." John and Marguerite Basti and Basil Baccash are working on some social items including a

Broadway play. John sent out an e-mail some time ago requesting interest in these types of events. Please contact him if you are interested.

We also discussed holding the one-day continuing education meeting on "The Challenge of the Rotator Cuff," much like the one in Seattle. John Basti worked hard at trying to find suitable space to hold the course. However, due to prohibitive costs associated with venues in New York, we have decided to not hold the course this year.

We are very grateful to Dr. Zuckerman and the American Shoulder and Elbow Surgeons for their generous donation of \$10,000 to ASSET for us to use to defray costs at this year's meeting. What better way to say thank you than to have a large attendance at this meeting and say so in person.

It is never too early to start thinking about the annual meeting. Dr. Dines is next year's ASES President. The 2005 ASES Closed meeting will be held at The Breakers,

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President's Message Cont'd. Brian Leggin

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an historical resort in Palm Beach, Florida. Dates of the meeting are November 9 – 12, 2005. If you are interested in checking out the hotel, go to www.thebreakers.com. It appears to be a resort similar to the Ritz Carlton at Dana Point. I have been in contact with Emily Jones of ASES and the hotel regarding our possible attendance and costs associ-

ated with it. We will discuss this further at our Annual Board Meeting and Membership Meeting in New York.

You should have received an election ballot in the mail for this year's offices. We are electing a president-elect and a member-at-large. I would like to thank Marty Kelley for serving the past two years as Nominations Committee Chair and for putting together a fine list of candidates. I

would also like to thank all members who took the time to nominate a candidate and most importantly, those members who agreed to run for office. Again it is the work of the individual members who step up and make ASSET what it is. All active members in good standing are eligible to vote in the election, so please take the time to do so.

I wish all of you an enjoy-



able summer and look forward to seeing you at in New York!

Update -The First International Congress of Shoulder Therapist's 2004 John Basti

The First International Congress of Shoulder Therapist's meeting proved to be a very successful undertaking. I would like to thank all who were involved in it's development. Thank you committee chairs, Sarah Jackins, Basil Baccash and Tim Uhl and our European friends Ann Mackey

and Jo Gibson. A special thanks goes to the abstract reviewers, Lori Michener, Mike Shaffer, Marty Kelley and Tim Uhl. (hopefully, I didn't omit anyone) I would also like to congratulate all who presented, attended and participated, making this meeting a great success. Dr. Cofield

and the Planning Committee of ASES could not have been more supportive and helpful making this meeting possible.

During the course of the meeting I was approached by Drs. Checchia and Leche who are hosting the 10th International Congress Shoulder Surgery

in Bahia, South America in 2007. I hope we will begin working on the 2nd International Congress of Shoulder Therapists. I hope to have additional information in time for our Board meeting in September. Until then keep it on your agenda.

ASSET Annual Meeting 2004 John Basti

September is approaching rapidly and preparations for our annual meeting are falling into place. We have received the funds that were generously granted to us from ASES. Unfortunately, after considerable research and negotiation we were unable to secure a facility that would accommodate our one day course. The costs were prohibitive and the risk of ending up with a deficit outweighed those

for profit. Hopefully, we can have it at a later date in a less expensive area.

Lori Michener and Mike Shaffer are in the final stages of organizing the education and research programs. Unlike the meetings in the past, this year we will begin our daily program at approximately 7:00—7:30 AM and end at some time shortly after noon each day.

Hotel-Rooms have been secured for Wednesday,

September 29th, Thursday and Friday. The meeting is scheduled to adjourn on Saturday October 2nd, 2004. The cost per night is \$319.00. **(A good deal for the Plaza).** Call and make your reservations **1(800) 441-1414 or 1(800) 759-3000.** Reservations received after **August 30th, 2004** will not be guaranteed. Please utilize the hotel or we will incur the costs.

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The Plaza Hotel

SOCIAL PROGRAM

Wednesday September 29th	6:30 PM	ASES Cocktail Reception—Plaza Hotel		
Thursday September 30th	7:00 –7:30 AM 7:30-12:30 PM 12:30-6:00 PM	Registration Academic Sessions Free	6:00 PM (Optional) Pre-Theatre Dinner (Approximately \$45-\$50/person) (Cost to be determined by total number of group attending)	8:00 PM Broadway Show Hairspray (For those members who have requested tickets)
Friday, September 31st	7:00 –12:30 PM Afternoon -	Academic Free time or Trip to Ellis Island	Evening Optional Metropolitan Museum of Art (\$65/person) May be able to defer some of the costs for the evening. An email will be sent regarding registration and final cost.	5:30 PM Private Tour (1 1/2 hr) 7:00 PM Tour Museum (on your own) 8:15 PM Dinner—Museum (Three course dinner)
Saturday, October 1st	7:00 AM—Noon	Academic Session		

Upon your arrival you will be given The Museums of New York Guide. In addition, the concierge will be able to provide you with additional information about other activities you may enjoy. If you have any questions please email me at johnbasti@aol.com.



Education Committee

Mike Shaffer

The ASSET Education Committee (Mike Shaffer-Chair, Will Clark, Bryce Gaunt, Daphne Hooyboer and Jean O'Toole) can scarcely break away from their toils to offer this report. First, we generated a list of individuals who were due to present this year. Those individuals were contacted in a joint e-mail from Mike Shaffer and Lori Michener, Research Committee Chair. The response rate was excellent from that e-mail.

Individuals who did not respond were contacted via phone call. As a testament to the dedication of ASSET members, all individuals who were contacted agreed to present. To this point, the following presentations are planned for the ASSET Annual Meeting in NYC: Joe Gianoni "Differential Diagnosis/Cervical vs. Shoulder Pathology"; Mark DeCarlo "Literature Review on Internal Impingement"; Jim Briggs "Differential Strength-

ening Programs for Individuals with Rotator Cuff Pathology"; Phyllis Sherman "Holistic Alternatives in the Management of Shoulder Dysfunction"; Michelle Beltram "Using Mulligan Mobilizations in the Treatment of Lateral Epicondylitis"; Brian Coote "Rehabilitation Following Distal Biceps Tendon Repair"; Gary Shiffman "Management of a Young Swimmer with a Painful Shoulder", and Karen Wong (if she can attend) "Medical

and Visceral Conditions that Mimic Shoulder Pain".

The Education Committee is proud to offer the list of speakers/ topics above and feels that these presentations alone are cause enough to attend the annual meeting in NYC. We thank you for your attention, but now we really must insist on returning to our labors.

Research Committee

Lori Michener

This has been a busy year for ASSET! The First International Shoulder Therapist Meeting held in May 2004 in Washington, DC in conjunction with the surgeon's meeting. This meeting was a huge undertaking by our membership, and the efforts yielded a high quality meeting. The quality of research presentations and educational presentations at this meeting was very impressive!

Our major project of the research committee is the facilitation of the research project of The Clinical Research Network (CRN). The CRN is net-

work of clinicians and researchers within the ASSET, interested in collaborative clinical research. The first study initiated by the CRN is entitled "Outcomes of Patients with Idiopathic Adhesive Capsulitis". The study was underway by November 2002! After 1.5 years of data collection, we have approximately 10 subjects completed. This project is coming along slowly! At the annual ASSET meeting in 2003 a discussion was held to determine why we have a lower number of subjects than expected. Recommendations were

made to change the inclusion criteria of patients admitted to the study with adhesive capsulitis. These recommendations were followed.

The revised goal for data collection completion is by August 2004, in order to present the results at our next annual meeting. If you are interested in participating, but have not received a packet, please contact me at lamichen@vcu.edu or (804) 828-0234. Thanks to all who have volunteered for participate in this study!

Our annual meeting for

2004 is being planned as this newsletter takes to press. Abstracts for research presentations are now being accepted. An abstract submission form is included on page 5 of this newsletter it is also available on the ASSET website <http://www.asset-usa.org/>. Please consider submitting an abstract of a case study or project you have completed. Also consider submitting a work in progress. This meeting is a great venue to receive excellent feedback of a study in-progress. See you all in the Big Apple in October!

Website Update

Tim Uhl

We are working on upgrading our website. This has taken on more components and I think the membership is using it a bit more. We finally are getting the rehabilitation guidelines on the web page. Most of the shoulder guidelines are now available and I am working on getting the elbow guidelines on next.

Membership applications are available on the

webpage as adobe .pdf files. If you have a friend that would like to become a member they can go to www.asset-usa.org and under the membership link download a membership application. We would like to have all members pictures on the web. We are missing pictures from the following folks. If you would like your picture posted on our website please forward your picture

to me at tluh2@uky.edu
This is completely voluntary!
Betsy Anderson
Theodore Becker
Yeda Bellia
Michelle Beltram
Christine Blake
Meghan Bramlage
James Briggs
Will Clark
Brian Coote
Mark DeCarlo
Sherie Edwards
Jessica Garcia
Joseph Gianoni

Karen Ginn
Sherrie Glasser-Mayrsohn
Keith Kocher
Wendy Lepish
Ernest Michaud
Paul Mieling
Rich Muscatello
Kathleen Pierce
Elmer Platz
Eric Sauers
Mike Shaffer
Phyllis Sherman
Gary Shiffman
Mary Young

Secretary/Treasurer Update

Wendy Burke

Hello everyone!

With the previous gift deposits we continue to do well in our account. Our current account balance is \$17,006.83 as of the end

of May 31st, 2004. Our deposits, which include this year's membership dues, totaled \$6155.00 for 40 members (general, active, affiliate and

foreign). Our expenses to date total \$5959.32 including the costs of our subscription to the Journal of Shoulder and Elbow Surgery.

I look forward to seeing everyone in New York City in September. Have a fantastic and safe summer!

**CALL FOR ABSTRACTS: RESEARCH AND EDUCATION
AMERICAN SOCIETY OF SHOULDER AND ELBOW THERAPISTS
ANNUAL CONFERENCE**

DUE DATE AUGUST 15TH, 2004

COMPLETED WORKS, WORKS IN PROGRESS, RESEARCH PROPOSALS, EDUCATION PRESENTATIONS

**PLEASE SUBMIT THREE COPIES OF YOUR
ABSTRACT TO:**

**ASSET CENTRAL OFFICE
UNIVERSITY OF PITTSBURGH
DEPARTMENT OF PHYSICAL THERAPY
FORBES TOWER, ROOM 6010-A
MEYRAN AVENUE
PITTSBURGH, PENNSYLVANIA 15260
(412) 647-1237**

OR

E-mail as an attachment to: evansr@upmc.edu

NAME: _____
 Last First MI

ADDRESS: _____

ADDRESS: _____

ADDRESS: _____

CITY: _____

STATE: _____ **ZIP:** _____

DAYTIME TELEPHONE: _____

EVENING TELEPHONE: _____

FAX NUMBER: _____

E-MAIL: _____

GUIDELINES:

TYPE IN 10 POINT OR LARGER, LASER QUALITY

- **KEEP WITHIN THE SPACE PROVIDED ON THIS FORM; YOU MAY INCLUDE FIGURES OR TABLES IF YOU WISH (WITHIN THIS SPACE).**
- **USE THE FOLLOWING HEADINGS:**
 - **TITLE, AUTHOR**
(UNDERLINE PRESENTER)
 - **INTRODUCTION**
 - **PURPOSE OF RESEARCH/PRESENTATION**
 - **METHODS/PROPOSED METHODS**
 - **RESULTS (IF APPROPRIATE)**
 - **CONCLUSIONS (IF APPROPRIATE)**
 - **CLINICAL IMPLICATIONS**

**PLEASE INDICATE IF YOUR WORK IS:
(CIRCLE ONE)**

1. **WORK IN PROGRESS**
2. **COMPLETED WORK**
3. **RESEARCH PROPOSAL**
4. **EDUCATION PRESENTATION**

ABSTRACT SUBMISSION DEADLINE: August 15, 2004



**American
Society of
Shoulder and
Elbow
Therapists**

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Fax: 412-647-1454
Email: evansr@upmc.edu*

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**ASSET OFFICERS
2003–2004**

Brian Leggin—President
John Basti—Past-President
Tim Uhl—President Elect
Secretary/Treasurer—Wendy Burke
Secretary/Treasurer Elect—Joe Gianoni
Members-at-Large: Jean O’Toole
Members-at-Large: Ameer Seitz

NOMINATING CHAIR
Marty Kelley

MEMBERSHIP COMMITTEE

Tim Uhl—Chair
Jean O’Toole—Committee Member
Ameer Seitz—Committee Member

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**FIRST INTERNATIONAL
CONGRESS OF SHOULDER
THERAPISTS**

John Basti, Program Chair
Basil Baccash—Co Chair—
Scientific Program
Sarah Jackins, Co-Chair—
Education Program

EDUCATION COMMITTEE:

Mike Shaffer—Chair
Jean O’Toole—Committee Member
Daphne Hooyboer—Committee Member
Will Clark - Committee Member
Bryce Gaunt—Committee Member

RESEARCH COMMITTEE:

Lori Michener – Chair
Dorcas Beaton – Committee Member
Joan Boesel – Committee Member
Eric Sauers – Committee Member
Tim Tyler – Committee Member

WEBSITE COMMITTEE:

Tim Uhl—Chair
Joe Gianoni— Committee Member
Ameer Seitz— Committee Member



**www.asset-
usa.org**