



IN THIS ISSUE

Special points of interest:

- Mid-year Board Meeting – AAOS New Orleans, Feb. 6, 2003
- Annual Meeting—Ritz Carlton, Dana Point, CA. October 8th-12th
- International Meeting—Washington, DC. May 2-5, 2004
- McCluskey Education and Research Foundation
- Education Committee Report
- Research Committee Report
- Secretary/Treasurer Report

President's Message
John Basti

Since our last news letter in December, the officers, Chairs and committees members have been continuing to work diligently on matters of business that make our society a special entity. Time seems to be passing at a fast pace. We are already into Spring and our annual meeting is approaching quickly.

The mid-year board meeting was held February 6th in New Orleans. Sarah Jackins, Basil Baccash, Wendy Burke and I attended the AAOS. Brian Leggin flew in from Philadelphia in the morning to attend the mid year board meeting and then flew out that afternoon after we finished our work since he had prior family commitments. One of the main topics of discussion was the success of our fall Rotator Cuff course and the overall positive response of the attendees. Our Treasury is also more solvent as a result (we have a little more monetary breathing room!) The

executive board feels that a continuing education course in conjunction with our annual meeting on a biannual basis is something that we should explore during our fall business meeting.

Presenting a program like we did in Seattle follows our vision and mission statement. A number of years ago we discussed the feasibility of presenting a course. It was too large an undertaking. Now it is reality. It is evident that we continue to mature as we move forward.

I believe that the maturing process and growth of our society is due to a number of things. The first and foremost is the level of the professionals that we have as members. I am not only speaking of academic degrees and accomplishments when I say this. What I do speak of is the level of interest, curiosity, and self sacrifice; professionally, personally,

monetarily and other wise that it takes to be actively involved searching for the best possible solution for patient care. Second, the excellence, vision and hard work of the past leadership. Third, the continuing fellowship and support we have developed with ASES. Forth, the collaboration, friendships and fellowship that has developed among us over the years. In order to continue on an upward course we need the active involvement of all members. I would like to see more people stepping up to run for office as well as volunteer for committees that involve the operation of our society and its activities. I know we are all busy. But busy people get things done. I am sure you have heard the proverb, "many hands make light work" and the saying; you get out what you put in. So get involved and enrich your professional career.

Annual Meeting – Ritz-Carlton, Dana Point, CA .
Oct. 8th- 12th

As you all know, the next the next annual meeting will be in California. The committees have been formulating the agenda and have developed a program that will be very interesting and thought provoking. Unfortunately Betsy Anderson for personal reasons had to relinquish her duty as program chair for this years meeting. Jean O'Toole has unselfishly volunteered to step into Betsy's position. She will be working along with Sarah Jackins and myself as well as Lori Michener, who is the Research Chair and the

respective committees to further develop an finalize the annual meeting. Fifteen ocean front rooms have been reserved (no extra charge). The cost of a room is \$275 per night. If you would like to network for a room share, contact myself or Sarah and we will try to help out. You can register now by calling 1-800-241-3333 and reference ASSET. The cut off date for



room reservation is Sept. 8th. 2003. Any reservation received after the cut of date will be accepted on a space and/or rate available basis only. So register early. The course registration fee has not been calculated yet. More information will follow with specific details about the annual meeting online in the near future.

International Meeting – Washington DC. May 2-5, 2004

The First International Congress of Shoulder Therapists will take place in Washington DC in May of 2004. I hope all of our members received the call for abstracts via e-mail from Dr. Cofields office or the ASSES_web site. Tim Uhl our "resident techie" and computer whiz"

among his other talents, has set up a call for abstracts for this meeting on our website. Just go to the site and click on the International Meeting to view and submit. If you have not received information please be in contact with me. It has been suggested to the board that

the meeting in Washington could double as our annual meeting for 2004. We plan to evaluate the pros and cons of this suggestion at our business meeting in Dana Point. More information will be forthcoming about the international congress via e-mail. So be on the look out.

McCluskey Education and Research Foundation

In late April, Human Performance and Rehabilitation Centers, Inc. together with the McCluskey Education and Research Foundation in Columbus, Georgia, presented a one day Seminar on Post-Operative Shoulder Rehabilitation. Dr. George M. McCluskey III, M.D. of McCluskey Orthopaedics and Bryce Gaunt, P.T. SCS. Director of Human Performance and Rehabilitation of Columbus and an active member of ASSET along with Jill Yates, RN. Head administrator of McCluskey Orthopaedics and Cathy Boers, PT who is President of the McCluskey Foundation organized and developed a comprehensive program



L to R, Moderator Bryce Gaunt PT(ASSET)., Speakers - George M. McCluskey III, MD., John Basti , PT. (ASSET), Dr. Tim Uhl , PhD, ATC, PT (ASSET)

of lectures, breakout sessions and lab sessions covering a wide variety of shoulder surgery and their post-operative rehabilitation. It was a great action packed day. In addition it was a very special day for Dr. McCluskey and his family. It was the 1st. Annual George M. McCluskey, Jr Lecture honoring his father who is a Physical Therapist. We think we are busy! A little about the man. What follows is a summary of what was written about him at the ceremony. Mr. McCluskey started his PT practice in 1955 and founded Rehabilitation Services of Columbus, Inc.. Today that privately owned company pro-

vides services in Georgia, Alabama, and South Carolina. Under Mr. McCluskey's leadership the company was recipient of the 1995 Practice Award from the APTA and in 1998 was named Georgia Business of the Year. In 1997, the National Small Business Council of America

honored Mr. McCluskey by naming him Small Business Person of the Year. Mr. McCluskey is also credited with being one of the co-founders of the Sports Medicine

vision. As Chairman of the Board of Rehabilitation Services of Columbus he continues to keep one idea in mind: to rebuild the body's functional capability-to improve life, one patient at a time.

After meeting Mr. McCluskey and his wonderful family, I can tell you that in addition to his accomplishments he is a warm, friendly gracious host and southern gentleman of the highest standards. This is the first time I have experienced southern hospitality, let me tell you its great! Tim Uhl and I were asked to be guest lectures at the meeting. Dr. McCluskey asked

me if I would honor his father by presenting the First Annual George M. McCluskey Jr. Lecture on the topic of Advancements in Rehabilitation after Shoulder Arthroplasty. It was a great honor



Awards Ceremony, John Basti PT, George M. McCluskey Jr, PT



Awards Ceremony , John Basti PT, George M. McCluskey III, MD



Speakers – Xavier Duralde, MD, George M McCluskey III, MD, Patrick Conner, MD

to be the keynote speaker for such a wonderful person, professional and event. As a gesture of appreciation, the McCluskey Family and Foundation has generously donated in my honor an award of \$7,500 to ASSET. .

Dr. George McCluskey has been a staunch supporter to the ideals and purpose of our society. On behalf of the American Society of Shoulder and Elbow Therapists, I would like to thank Mr. McCluskey, Dr. George McCluskey, the McCluskey

Family and Foundation for their support to the vision and mission of our society.

Educational Committee Report

Jean O'Toole

Happy spring to everyone. Our education committee (John Basic, Mike Shaffer, Basil Baccash, Daphne Hooyboer and Bryce Gaunt, Jean O'Toole and Betsy Anderson chair- on leave of absence) has been working on the program for the October meeting. The major topics for presentation are on adhesive capsulitis, cervical spine /shoulder problems, massive rotator cuff tears and shoulder arthroplasty. We will also include time for research presentations, case studies and a "questions and quenching time".

The Board meeting will likely be on Wednesday Oct 8th, and the

rest of the program (which will include a business meeting) will follow Thursday 10/9, Friday 10/10, and ending at noon on Saturday the 11th.

There are a myriad of speaking opportunities! I believe Betsy contacted those in the membership who are "due" to present back in March. We would like to give those people the opportunity to come forward for a topic, as well as anyone who feels they can present this year. The response to date has not been overwhelming- so please do not be shy! The more of us that contribute, the better the meeting

will be. This membership is rich in talent, so we would really appreciate hearing from you.

To those of you who have volunteered. MANY thanks; we so appreciate your willingness to speak. So please, everyone, think of how you can help with this October meeting and email jotoole2@partners.org. We hope to have the agenda fairly firm with speakers committed by June. Our goal is to have all handouts in to Jean Evans (what would we do without her?) by Labor Day. We are looking forward to a great meeting in California.

Research Committee Report

Lori Michener

Hello! This is my very first newsletter as chairperson of the research committee. I have taken over this post from Brian Leggin, a hard act to follow! I'll try to live up the efforts put forth by Brian!

This has been an exciting year for the research committee. The Clinical Research Network (CRN) was initiated. The first study we have chosen to undertake is a rekindling of the adhesive capsulitis study that Sarah Jackins attempted a few years ago. This first study by the CRN is entitled "Outcomes of Patients with Idiopathic Adhesive Capsulitis". After revisions and discussion at the annual meeting in September, the study was approved by the IRB (Internal Review Board) at Virginia Commonwealth University. The study was underway by November

2002! This study is designed to investigate the treatment outcomes of patients with adhesive capsulitis, undergoing physical or occupational therapy. Mike Shaffer and myself are the Team Leaders for the project. Their job is to answer questions regarding study design or data collection. Wendy Burke and Joan Boesel are the Facilitators for the project. Their job is to perform periodic 'check-ins' with participants and to act as a 'reminder' for data collection. Dorcas Beaton and Tim Uhl are Mentors for the project, facilitating data analysis and presentation of the results. It is the goal of the committee to complete data collection by June 2003 and present the results at our next meeting in the fall! Thus far we have received one completed data packet from Ameer

Seitz. Thanks Ameer for all of your hard work!! More ASSET members have emailed me to let me know that they have started data collection on patients. If you are interested in participating, but have not received a packet, please contact me at lamichen@vcu.edu or (804) 828-0234. Thanks to all who have volunteered for participate in this study!

New business. Our annual meeting will be here before you know it! As in the past, we will be soliciting abstracts for presentation at the meeting. So start thinking of those case studies, case series, and research studies you would like to share with the ASSET membership. The abstract submission form is on the ASSET website, and the deadline is June 1, 2003. Please consider submitting!

Secretary/Treasurer Report

Wendy Burke

I would like to formally thank Tim Uhl for organizing the books and budget information. It has made my job significantly easier. At our meeting in Seattle we had discussed looking into acquiring a credit card terminal in order to accept annual dues via visa/master card. Contracts from several banks were reviewed prior to the mid-year meeting. The cost of the terminal was \$545.00 with monthly costs of \$12.00 plus

2.45% of all sales. For only needing those services twice a year, dues and conference registration, the board opted to hold off on the expenses for now. A money market account was also explored as a means to acquire interest on our current savings. Because the principle cannot be protected, other options will be pursued for an interest bearing account.

Thank you to everyone for sending your dues in such a timely manner. Our current account balance is \$11,299.63. A \$1,000.00 deposit has been placed on a room at the Ritz Carlton in Laguna for the October meeting and I anticipate an invoice from Mosby soon so we can continue our journal un-interrupted.

If there is anything that I can do to further assist you please feel free to contact me.

Welcome New Members

Ernest J. Michaud, OTR/L
Westlake, Ohio

Scott A. Guevin, MS, PT
Wyckoff, New Jersey

Register Early!

ANNUAL MEETING
RITZ-CARLTON
DANA POINT, CA

**American Society of Shoulder and
Elbow Therapists
Central Office
University of Pittsburgh
Department of Physical Therapy
Forbes Tower, Room 6010-A
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