

# ASSET



American  
Society of  
Shoulder and  
Elbow  
Therapists

WINTER NEWSLETTER 2009

## PRESIDENT'S MESSAGE

Now that the universe is back in working order as a result of the 27<sup>th</sup> world championship for the NEW YORK Yankees it is nice to see the fruits of a long standing successful organization. In many ways ASSET is similar in its storied history, tradition, leadership, excellent members (both foreign and home grown), and the desire to be the best. At our helm for the last year has been Anee Seitz. I would like to thank her for her excellence as a mentor and leader. She has left me with a great game plan and many good teammates with whom we/I can succeed..



TIM TYLER  
PRESIDENT

Bryce Gaunt is one of those players who hit a home run in NYC with the planning and execution of the 2009 ASSET meeting. Not only was it well attended by almost 40 ASSET members but it came in under budget. The ASES physician Guest Lectures were outstanding as well as the numerous presentations by ASSET members. It has to be told that Bryce's go to guy was closer John Basti. Thanks John for setting up the Broadway play, circle line trip and an outstanding team luncheon with all ASSET members present in attendance.

We are all excited about the opportunity to present at the 3rd ICSET in Edinburgh, UK September, 5-8th, 2010. There will be top international speakers and a packed program of lectures and scientific papers, guaranteed to stimulate your mind and improve your game! With a four day program and open access to the concurrent 11th ICSES (held in the same venue), this will be the premier opportunity to listen, watch and learn about shoulder and elbow surgery and rehabilitation. Here we can learn a different approach similar to what Hedecki Matsui taught his American trained teammates, a different viewpoint.

O yeah, just like the NY Yankees it helps to have some cash. That's why we continue to seek corporate sponsors and have scheduled a CEU course for early spring in Boston and may have an additional one at a different location in 2010. Although not a Yankee but a true New Yorker none the less coach Pitino reminds us of what ASSET and the New York Yankees are all about, EXCELLENCE!

"Excellence is the unlimited ability to improve the quality of what you have to offer."  
~Rick Pitino

[WWW.ASSET-USA.ORG](http://WWW.ASSET-USA.ORG)

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### PAST-PRESIDENT'S REPORT

**T**hank you to members who voiced your opinion regarding our Annual Meeting in 2010. As Tim Tyler previously mentioned, next year the 3<sup>rd</sup> International Congress of Shoulder and Elbow Therapists is scheduled for September 5<sup>th</sup>- 8<sup>th</sup>, 2010 in Edinburgh, Scotland. There was overwhelming positive response from members planning to attend the international meeting. As such, we will forgo our 2010 ASSET Annual Meeting to support our members' participation in the international meeting.



AMEE L. SEITZ  
PAST-PRESIDENT

While much of the planning for this meeting is still underway, a few details have been released. This conference will be held in conjunction with the 11<sup>th</sup> Annual International Congress of Shoulder and Elbow Surgery (<http://www.icses2010.com/>) and a link to this website can be found on the ASSET webpage. The conference will be held at the Edinburgh International Conference Centre in the City Centre. The Edinburgh International Airport (EDI) is less than 8 miles away and flights via many carriers departing from several US cities to Edinburgh are approximately \$1011-\$1268 with taxes and fees. The Edinburgh Sheraton Grand Hotel (rates currently start at US \$229/per night for classic 1 king/ 2 single beds), Point Hotel, and the Edinburgh City Premier Inn (US \$122/night) are hotels within a few blocks of the Conference Center. A full list of local accommodations can be found on the Edinburgh Conference Centre website at <http://www.eicc.co.uk/accommodation.aspx>.

We will keep you apprised of further conference details as they unfold. John Basti, a member of the International Congress Shoulder and Elbow Therapists Planning Committee, will announce the call for conference abstracts via email. In the interim, please feel free to John or myself via email at ([seitzal@vcu.edu](mailto:seitzal@vcu.edu)) should you have further questions.

### 2009 FOUNDERS' AWARD

The Founders' Award is the highest honor given to a member in our society. This award has been created to honor those individuals instrumental in both the conception and the ongoing development of the American Society of Shoulder and Elbow Therapists. This award is bestowed on a member who displays the following characteristics:

- ◆ Active member in good standing
- ◆ Exemplifies high level of collegiality
- ◆ Embodies the vision and mission of ASSET
- ◆ Exemplifies a persistent and consistent effort in promoting and contributing to ASSET
- ◆ Demonstrates a visionary spirit

During the ASSET Annual Meeting in New York, Ameer Seitz was announced as the recipient of the 2009 Founders' Award. Congratulations Ameer!



JOHN BASTI, AMEE SEITZ, SARAH JACKINS, BASIL BACCASH

### MEMBERSHIP COMMITTEE REPORT

I must start by saying how honored I am to be the next president of ASSET. I look forward to working with our Executive Board and membership to strive towards the vision laid out by the founding members. Kathy Pierce, the new member-at-large and I will work to maintain and recruit new members. If you have any concerns as an ASSET member the board always values your input. Please let me know if I can communicate ways ASSET can better serve its members and the larger shoulder and elbow community.

It was great to see so many in NYC for our annual meeting. 34 members attended with members. It was great to see Kellie Huxel, Mark Ramsey, Aaron Sciascia, Ellen Shanley, and Reg Wilcox presenting for the first time at the ASSET annual meeting. Our current ASSET membership totals are as follows: 37 active, 21 general, 6 foreign, 9 new, 4 resigned memberships, 2 deferments of presentation requirements as voted by the Board. There are many who need to present and or attend next year's meeting to move to or maintain your active status. Please check the member section on the website for your current status and responsibilities.



CHUCK THIGPEN  
MEMBERSHIP COMMITTEE CHAIR

#### ASSET'S NEW MAILING ADDRESS:

American Society of Shoulder and Elbow Therapists  
c/o Sports Physical Therapy Section, APTA  
201 South Capitol Avenue, Suite 480  
Indianapolis, IN 46225

[WWW.ASSET-USA.ORG](http://WWW.ASSET-USA.ORG)

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**WELCOME NEW MEMBERS!**

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**Linsey Hamilton, DPT.** Linsey Hamilton is a physical therapist with a focused practice area in the rehabilitation of shoulder, knee, and sports medicine injuries. She graduated from the University of Minnesota in 2006 with a doctoral degree in physical therapy. Her undergraduate degree in Biology was completed at Hamline University in 2002. Linsey is involved in research at Sports and Orthopaedic Specialists. She has collaborated on topics including the prevention of shoulder injuries in throwing athletes and outcomes of surgery following coracoid impingement. Linsey is an active member in the American Physical Therapy Association. She provides sports medicine services for TAGS gymnastics. She is also an avid competitive cyclist and triathlete.



**Kellie C. Huxel, PhD, ATC.** Dr. Kellie Huxel, a BOC certified athletic trainer, serves as an assistant professor of Anatomy and Athletic Training at A.T. Still University in Mesa, AZ. She teaches anatomy in the audiology, physician assistant, and interdisciplinary health sciences programs. Dr. Huxel received her B.A. degree in biology and physical education from Denison University, M.S. degree in kinesiology from Indiana University, and Ph.D. degree in kinesiology with an athletic training emphasis from Temple University. Dr. Huxel's research interests include neuromuscular control, specifically as it relates to dynamic restraint of the shoulder. Her dissertation was on stiffness regulation and muscle activation strategies of the shoulder. Within this area, she has looked at factors such as gender, age, joint position, and rehabilitation exercises. Dr. Huxel is also involved in studies examining shoulder adaptations and injuries as a result of overhead activities. Dr. Huxel is a member on the BOC's exam development committee, serves as the associate editor for the Journal of Sport Rehabilitation, and is a reviewer for various athletic training and sports medicine research journals.



**Michael Levinson, PT, CSCS.** Michael has been at the Hospital for Special Surgery since 1994 where I am Clinical Supervisor in Sports Medicine, Performance and Research Center. I have been Physical Therapist for the NY Mets since 1994 and am also a consultant for many professional, collegiate and scholastic athletes. I am on the Faculty at Columbia University Physical Therapy Department and also an instructor for Hunter College PT. I also have a certificate in HealthCare Management from New York University.

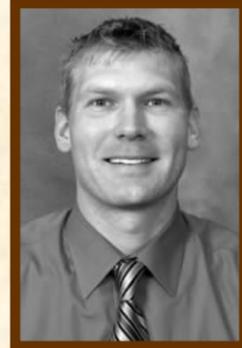
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## COMMUNICATION COMMITTEE REPORT

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Since we announced at the Annual Conference in New York, we have had a great response from members wanting to link their facility's website to ours. This will only help to increase our own visibility on search engines and further promote ASSET as resource for shoulder and elbow rehabilitation. Please continue to send me your links and I will post them that day – I will not post anyone's without permission.

This past year, we had chosen to forgo a conference binder and place all of the presentations online for members to download. Much thanks goes out to Jean Evans and Wendy Burke for their diligent work in gathering and sending these in plenty of time for members to have access prior to our meeting. We will keep the presentations available online through this year via our Member's Only section. The programming was excellent, so please go and visit the site to get your copy of the presentations. We also have posted the abstracts under our Abstracts section for any non-member to view.



JOSEPH KOSTUCH  
COMMUNICATION CHAIR

As the year turns, member renewal is now open online for those wanting to get an early start. Please pay attention as you check-out to select the appropriate Membership Level as this affects your dues amount. If you are unsure of your status, please check the Attend/Present Calendar located under Member Materials online. This has been updated to reflect everyone's current status as of the fall meeting.

I will be sending out a new username and password soon for 2010, so please be on the look-out for that. Also, we have made available a new list-serve email address, it is [allmembers@asset-usa.org](mailto:allmembers@asset-usa.org) Please update your email settings and account accordingly to accept emails from this address.

Have a happy and safe holiday season !

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## TREASURER REPORT

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Year to date ASSET continues to be a viable organization with a balance of \$32,153.85 with \$56,241.35 in income and \$43,676.18 in expenses. We are slightly on under budget in large part to our continuing education program. Our largest expense continues to be our Annual Conference. Thanks again to Bryce Gaunt for his work keeping close tabs on the expenses for our recent NYC conference. We have applied for a tax credit through the State of New York to get a tax refund as should hear back from them the earlier part of 2010.



BRIAN COOTE  
TREASURER

**ASSET ANNUAL MEETING  
NEW YORK CITY  
OCTOBER 25-27th, 2009**



Left to right: Brian Coote, Bryce Gaunt, Tim Tyler and Mark DeCarlo

**REMINDER**

**ASSET 2010 MEMBERSHIP DUES  
ARE DUE FEBRUARY 1st, 2010**

Please visit the ASSET website at [www.asset-usa.org](http://www.asset-usa.org) and follow the member materials link to membership renewal. There is a \$5 processing fee for dues paid online. Please make every effort to pay your dues by the February 1st, 2010 deadline to ensure that our subscription to the Journal of Shoulder and Elbow Surgery is uninterrupted. Please see page 7 of this newsletter for your 2010 dues invoice.

**LOOKING AHEAD! 3RD ICSET MEETING  
EDINBURGH INTERNATIONAL CONFERENCE CENTRE  
[HTTP://WWW.ICSES2010.COM/](http://www.icses2010.com/)**



**EDINBURGH SHERATON GRAND HOTEL**



[WWW.ASSET-USA.ORG](http://WWW.ASSET-USA.ORG)



American Society of Shoulder and Elbow Therapists

**MEMBERSHIP STATUS**

- Active Member \$145**
- General Member \$170**
- Foreign Member \$145**

**DUE DATE: FEBRAURY 1<sup>ST</sup>, 2010**

**DUES RECEIVED AFTER FEBRUARY 1<sup>ST</sup>, 2008 WILL BE ASSESSED LATE FEES**  
 DUES RECEIVED AFTER FEBRUARY 1<sup>ST</sup> \$25  
 DUES RECEIVED AFTER MARCH 1<sup>ST</sup> \$50  
 DUES RECEIVED AFTER APRIL 1<sup>ST</sup>  
 (TERMINATION OF MEMBERSHIP AT THE DISCRETION OF THE BOARD)

**MEMBERSHIP DUES – JANUARY 2010 – DECEMBER 2010**

PLEASE PROVIDE NAME/ADDRESS/PHONE/FAX OR EMAIL ADDRESS CHANGES:

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Middle Initial \_\_\_\_\_

(Please indicate preferred mailing address)

Business Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Business Phone \_\_\_\_\_

Business Fax \_\_\_\_\_

Home Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Home Phone \_\_\_\_\_

\_\_\_\_\_

Email Address \_\_\_\_\_

Please check the appropriate box indicating that you consent or do not consent to have your business and email address information posted on the ASSET Website  Yes  No

**RENEW ONLINE AT [WWW.ASSET-USA.ORG](http://WWW.ASSET-USA.ORG) OR BY MAIL:**  
**PLEASE MAKE CHECKS PAYABLE TO “ASSET”**  
 Send payment and invoice to the address below:  
 American Society of Shoulder and Elbow Therapists  
 c/o Sports Physical Therapy Section, APTA  
 201 South Capitol Avenue, Suite 480  
 Indianapolis, IN 46225