

President's Message

Brian Leggin

My fellow members:

I hope each of you and your families had a very safe and happy holiday season and I wish you all a happy and prosperous New Year!! It is hard to believe that another year has already passed!

It is truly an honor to serve as president of ASSET for the next year. When I attended my first ASSET meeting in Williamsburg, VA over ten years ago, I was a young therapist (and slightly thinner!) who had the opportunity to work closely with two outstanding shoulder surgeons. These surgeons told me about this group of therapists who had just started an organization of clinicians who specialized in the rehabilitation of the shoulder and elbow. Attending that meeting, becoming a member, and

staying involved has proven to be extremely beneficial to me both personally and professionally! I have learned something new at each meeting I've attended. Not to mention some really great locations and the lasting friendships that have been forged. So, thank you to all members past and present who have contributed to this experience!

As this holiday season approached (and the deadline for getting this message in to Jean Evans passed), I began to gather my thoughts in preparation for writing this message. Many times, I have heard our Society referred to as a "family." The more I thought about it, the more I realized how true that statement is. Our family members are from all parts of the United States, as well

as Canada, Australia, and Brazil. Just as with any family, some of us are fortunate to see each other throughout the year. However, we all have a chance to get together once a year at our annual conference much like our families do at holiday time. Just like our family gatherings, everyone who comes to the meeting has a chance to share his/her experiences in a relaxed atmosphere and we all get to engage in discussion around a big table. The success of our meetings depends heavily on involvement from all members. That is why it is important for each of us to make an effort to attend meetings and stay involved.

This year, we have two chances to get together. The
(Continued on page 2)

Inside this issue:

President's Message Cont'd.	2
Treasurer's Message	2
2004 Annual Meeting	3
One Day Course	3
International Shoulder Congress	3
Education Committee	4
Research Committee	4
Membership Dues	5
Website Committee Report	6

Special points of interest:

- 2004 Annual Meeting
- One Day Shoulder Course
- 1ST International Congress of Shoulder Therapists

Annual Meeting Update

The Plaza Hotel—New York City

September 30TH—October 2ND, 2004

John Basti

I hope everyone is enjoying a healthy New Year. The planning of the annual meeting continues to move ahead. Sarah Jackins and I have been in touch with Dr. Zuckerman and ASES. The great news is that the executive committee

of ASES, at the request of Dr. Zuckerman, has approved a grant up to the sum of 10,000 dollars to subsidize the cost of our meeting in NYC. In addition to defraying the cost to our society and members it also speaks to the support and

valued fellowship we have developed over the years with the members of ASES. Thank you Dr. Zuckerman and our friends at the ASES.

I have been speaking with the sales manager for conference
(Continued on page 3)



Plaza Hotel
New York City

President's Message

Brian Leggin

(Continued from page 1)

First International Conference of Shoulder Therapists will be held in Washington, D.C., May 2nd - 5th. A great deal of thanks and appreciation goes out to John Basti, Sarah Jackins, and Basil Bacash for their hard work in putting this together in conjunction with our friends from "across the pond" as well as with the American Shoulder and Elbow Surgeons and Dr. Cofield in particular. This should be a great chance to exchange ideas and experiences with our colleagues from around the world.

Our annual conference this year will be held in New York City at the Plaza Hotel, September 29th to October 3rd. The board and membership had lengthy discussions about this year's annual conference at the meeting in Dana Point. Thanks to Jean O'Toole and Ameer Seitz (members-at-large) for distributing a survey to the membership. The survey was to gauge whether to hold the meeting in New York or not, and whether to hold a continuing education conference much like in Seattle. We had an overwhelming response in favor of holding our regular meeting on Thursday and Friday, September 30th and October 1st, with a continuing education conference on "The Challenge of the Rotator Cuff" on Saturday, October 2nd. Thanks again to John Basti (past-president and program chair) for working diligently on the logistics with the hotel, ASES, and finding a place for the continuing education meeting. Thanks also to Lori Michener and Mike Shaffer, research and education chairs, who are already planning the content of the meeting.

Tim Uhl has been doing an outstanding job maintaining and improving our website. If you haven't checked out the website recently please do so. The more "hits" we have on the site increases the likelihood that a search engine will direct a web surfer to our site. You will notice some changes to the site. We have listed current board members as well as committee chairs and members. This is designed to make it easier for members to become more involved by providing a direct link to an individual on the board or committee. The second change is the addition of pictures of our members (although I'm sure there is a better picture of me somewhere!). Not all members' pictures are currently available, only those who were at the meeting in Dana Point. Tim has also included our by-laws, which underwent some changes this year, past and present newsletters, and information on our conferences. We have plans to include rehabilitation guidelines on the web. So if you have a guideline that you'd like posted on the web, please forward it to Tim. I think the use of the website can be a very powerful tool for us to communicate with each other as well as fulfill our mission of disseminating information relating to shoulder and elbow rehabilitation.

This newsletter contains the invoice for this year's dues. **The due date is February 15TH, 2004. (See page 5 for dues invoice)** It is my fault that this newsletter is getting out so late. So please be sure to fill out the paperwork and get your dues in to Jean Evans before tossing this newsletter on a pile on

your desk. It is important that we have all dues in so that we can continue our subscription to the Journal of Shoulder and Elbow Surgery.

We have frequently had discussions centering on the size and growth of our group. One of our strengths is that we are a relatively small group that allows for more interaction and discussion at our meetings. However, there are rehabilitation professionals around the world who specialize in the shoulder and elbow and can make valuable contributions to our group. It seems that this year, there has been more interest in our group. We have had seventeen requests for applications over this past year. Five people have been accepted as new members. The other applications have either not been returned yet or are currently being reviewed. In closing, the success of our organization depends on participation from each member. So I'd like to propose a New Year's resolution for each member....."This year I will do one of the following: participate on a committee, present at a meeting, or run for office."

I would like to recognize and thank Jean Evans, executive secretary of ASSET, for all the hard and unsung work she does for us throughout the year. She puts this newsletter together, sends out and processes applications for us, processes our dues, processes the registration for our conferences, puts together the handouts for our conferences, and generally keeps our organization headed in the right direction. She is the glue that keeps us together!

I look forward to seeing you all very soon!!

Secretary/Treasurer Report

Wendy Burke

Welcome! This year we have been fortunate with our finances. Our current balance is \$20,831.94. This amount includes the deposits for the conference registration but does not reflect the expenses for the conference yet. Our total expenses for this past

year were \$7,665.71. The anticipated expenses for the conference should be about another \$5,000.

The additional funds in our account are from a financial gift of \$7,500 from Dr. McClusky and the profits from the Rotator Cuff Continued Education

Course in Seattle last year.

Because of the financial gift, John, as president, gave each of the attendees a discount on the registration costs this year. Costs per person were about \$240. Registration fee was \$150.

Annual Meeting Update—The Plaza Hotel—New York City

September 30TH – October 2ND, 2004

John Basti

(Continued from page 1)

planning at the Plaza. Initially there was some question about the lack of availability of space for our meeting. That has been worked out. I am in the process of booking a block of rooms. I was able to negotiate a rate \$15.00 less than originally quoted. The rate per night is \$319.00 plus tax.

It sounds like a steep fee, but remember we are in the center of the city at one of the most famous hotels in the world. Also remember that no course fee will be incurred this year because of the grant. When you put everything together and consider location, travel and convenience the cost is comparable to some of the other annual meetings we have had in the

past. Many of the other hotels in the area are much more expensive than the Plaza. Lori Michener, research chair, and Mike Shaffer, education chair, are developing the content of our meeting, which I am sure you will hear about.

The social activities that we can incorporate into this meeting are endless.

We hope to have a group dinner one evening which will be incorporated into the meeting expense. Marguerite Basti is developing a social program for family members as well as some afternoon activities which I hope people will be able to enjoy. We hope to have information on group rates for a Broadway Musical and/or a Lincoln Center/Carnegie Hall concert. Concerts at the Metropolitan Museum are

quite popular and a unique experience. It depends on what is happening on the weekend of the meeting. More info will follow as things begin to develop.

Staying at the Plaza will help with the costs of the meeting. The penalties for not filling the block of reserved rooms are very costly. Please use the facility. If you plan to share a room with another member please call and let me know. The standard room has a queen size bed. A room with two single beds must be requested. The Plaza Reservation numbers are as follows 1-(800) 441-1414 or 1-(800) 759-3000. More information to follow.

One Day Course—Challenge of the Rotator Cuff

Columbia University Medical Center

Saturday, October 2ND, 2004

John Basti

I have been speaking to a number of people at Columbia University Medical Center. The CME has control of all meetings and we will have to contract with them if we have the course at Columbia. I had a preliminary meeting with the planning committee and discussed the program. They are writing a proposal. It will

be “automatic pilot” if they oversee and run it. They feel an attendance of 250 + people will be profitable for us. In the past, shoulder courses have attracted in excess of 250 people and in some cases lack of space precipitated the need to close registration.. I have spoken to the Surgeons and they are

more than willing to participate in the one day course. I will present the options to the executive committee and we will move from that point on.

Well that’s it for now. If anyone has any questions or suggestions don’t hesitate to call.

9TH International Congress on Surgery of the Shoulder

1ST International Congress of Shoulder Therapists

May 2ND—5TH, 2004 - - Grand Hyatt Washington, Washington, DC, USA

John Basti

The planning of The First International Congress of Shoulder Therapists continues. The research and education committees continue to modify and organize what appears to be an excellent program. I would like to thank all the committee members who gave up their valuable time to grade the submitted

abstracts. I believe the registration and information packet can be electronically downloaded from our web site. If not, e-mail me a request and I will forward the packet to you. I believe the packet can also be downloaded from our web site. As soon as the final program is complete we will let everyone know. I think this will be

an exciting meeting and a great opportunity to exchange information with our counterparts around the world. More Information will be forth coming when the program is finalized next week.

Additional information is available on the ASES Website <http://www.ases-assn.org/calendar.html>.

Education Committee

Jean O'Toole

With much thanks to so many people, the meeting in Dana Point was a good blend of research, literature review and clinical discussion. A view of the Pacific Ocean outside of the window all day certainly added to the ambience and we were lucky to be able to have such a beautiful spot for such a great meeting.

Thursday, October 9th had two major sessions. The morning focused on adhesive capsulitis and the afternoon topic was on massive rotator cuff tears. Part of that first morning was spent with ASES and we had the privilege of hearing Dr. Tibon's Presidential address. Thursday afternoon was the business meeting and we discussed the options for the Washington D.C. course and the New York City course. Because the rotator cuff course in Seattle was so successful financially, we seriously discussed

repeating this in New York City as most of the agenda is set and the topics would only have to be updated.

Friday, October 10th had a morning session on the cervical spine and tying with ASES again. We heard a lively discussion on varying viewpoints around open versus arthroscopic rotator cuff repair. This time with ASES was arranged by Brian Leggin. Friday mid-day we had the pleasure of having Dr. Flatow (thanks to John Basti) spend 90 minutes with us discussing shoulder arthroplasty. He showed a great video and we had time for discussion. The remainder of the afternoon was spent on the rehabilitation considerations following shoulder arthroplasty.

Lori Michener hosted the Saturday morning research session. Lori facilitated an excellent group of research papers. She also reported

the progress with the ASSET adhesive capsulitis study and hopefully we can now enroll more patients with a broader inclusion criteria.

The 2003 garments were great vests that will be useful for all sorts of outside activities...THANK YOU, John for these. All in all, there was a great effort by many people and it was great to once again have time to share with colleagues and friends. It always feels like a very safe environment in which one can share clinical experiences. Mike Shaffer will be taking over as Education Committee Chairman for this next year. We look forward to his energy and creativity. I would like to thank all of the Membership, the Board and the committees for helping me during this past year taking while I replaced Betsy Anderson as chair of this committee. We hope things are going well with her

Research Committee

Lori Michener— Chair

First, I would like to welcome the new members to the research committee, Eric Sauers and Tim Tyler. The research committee has been working to facilitate the first research project of The Clinical Research Network (CRN). The CRN is network of clinicians and researchers within the ASSET, interested in collaborative clinical research. The first study initiated by the CRN is entitled "Outcomes of Patients with Idiopathic Adhesive Capsulitis". The study was underway by November 2002!

After one year of data collection, we have approximately 10 subjects completed. At the ASSET annual meeting in Laguna Nigel, CA a discussion was held to determine why we have a lower number of subjects than expected. The

following recommendation was made to allow a greater number of patients to qualify for the study:

Inclusion criteria changed to included subjects with any length of symptoms. Thus, on the section labeled "Initial Evaluation: Therapist", Inclusion and Exclusion Criteria Form on page 1: the first inclusion criteria should be removed of "less than 3 months of shoulder symptoms".

Mike Shaffer and I are Team Leaders for the project. Our job is to answer questions regarding study design or data collection. Wendy Burke and Joan Boesel are the Facilitators for the project, of which they will perform

periodic 'check-ins' with participants and to act as a 'reminder' for data collection. Dorcas Beaton and Tim Uhl are Mentors for the project, facilitating data analysis and presentation of the results.

The revised goal for data collection completion is by August 2004, in order to present the results at our next annual meeting. If you are interested in participating, but have not received a packet, please contact me at lamichen@vcu.edu or (804) 828-0234. Thanks to all who have volunteered for participate in this study!



**Please print or type:
Member Status:**

Active member (\$145.00)

General member (\$170.00)

Foreign member (\$145.00)

**PLEASE PROVIDE ANY NAME/ADDRESS/PHONE/FAX OR EMAIL
CHANGES:**

	Current:	Changes:
Last Name	«LastName»	
First Name	«FirstName»	
Middle Initial	«MiddleName»	
Business Address	«OrganizationName» «OrganizationName2»	
Address	«Address» «City», «State» «PostalCode» «Country»	
Business Phone	«WorkPhone»	
Business Fax	«FaxNumber»	
Home Phone	«HomePhone»	
E-mail Address	«EmailAddress»	

Members Signature

Date

**Please make checks payable to ASSET.
Send payment to the attention of Jean Evans at the ASSET
Central Office, University of Pittsburgh, Department of
Physical Therapy, Forbes Tower, Room 6010-A, Meyran
Avenue, Pittsburgh, PA 15260**

Website Committee

Tim Uhl –Chair

The website has been regularly updated throughout the last year. We have been able to include information regarding the annual conference and the upcoming first international congress of shoulder therapists. It has been brought to our attention that it is hard to locate the asset website and we are working on trying to take steps to have our web page be found by search engines such as Yahoo and Google. We are in the process now of trying to register with these search engines so that they will find the website when people put in terms like shoulder or elbow rehabilitation. One way you can help is to make the ASSET web page your home page, thereby creating more hits on our web page which will make the search engines hit our page more.

One addition to the website that we are currently working on is adding headshot photos of each of our members. So we are

encouraging all of our members to submit electronic head shots to Tim Uhl tluhl2@uky.edu so he can post that on the website. You can e-mail your photo as an attachment to me and I will edit it and put it on the webpage. We were able to take pictures of many of those people who attended the annual conference in Dana Point and are in the process of putting those on the web.

New pages that we are working on the web are rehabilitation guidelines. Joe Gianoni is compiling and organizing these in a standard format and then we will post these up on the website, hopefully at the beginning of 2004. These will hopefully be of interest and use to the members and will hopefully stimulate debate over appropriate rehabilitation guidelines.

The website continues to grow and through the use by members and recommendations from the members, we will be

able to continue to use this website as a way to transmit information and communicate more effectively. It is the intention of the executive board to utilize the website for more and more information to minimize cost to our organization. If people are having difficulty accessing the website, please notify Tim Uhl tluhl2@uky.edu and we will do what we can to rectify this. We appreciate your assistance in this endeavor and hope that if you have any questions or problems with the website you will contact Tim Uhl or one of the web committee members. Thanks.



**www.asset-
usa.org**

ASSET OFFICERS 2003–2004

Brian Leggin—President
John Basti—Past-President
Tim Uhl—President Elect
Secretary/Treasurer—Wendy Burke
Secretary/Treasurer Elect—Joe Gianoni
Members-at-Large:

EDUCATION COMMITTEE:

Mike Shaffer—Chair
Jean O'Toole—Committee Member
Daphne Hooyboer—Committee Member
Will Clark - Committee Member
Bryce Gaunt—Committee Member

MEMBERSHIP COMMITTEE

Tim Uhl—Chair
Jean O'Toole—Committee Member
Amee Seitz—Committee Member

NOMINATING CHAIR Marty Kelley

RESEARCH COMMITTEE:

Lori Michener – Chair
Dorcas Beaton – Committee Member
Joan Boesel – Committee Member
Eric Sauers – Committee Member
Tim Tyler – Committee Member

WEBSITE COMMITTEE:

Tim Uhl—Chair
Joe Gianoni— Committee Member
Amee Seitz— Committee Member

FIRST INTERNATIONAL CONGRESS OF SHOULDER THERAPISTS

John Basti, Program Chair
Basil Baccash—Co Chair—Scientific Program
Sarah Jackins, CoChair—Education Program

AMERICAN SOCIETY OF SHOULDER AND ELBOW THERAPISTS

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