



## President's Message *Sarah Jackins*

My fellow members:

Since the last newsletter, the Executive Board met in Dallas and has had two telephone conference calls. Membership, dues, by-laws, working closer with AAOS on educational materials, the ASSET web page, and further planning for our annual meeting were all discussed. Tim Uhl has done an outstanding job in further developing the ASSET web site that was launched by Phyllis Sherman. The web site is now located within the University of Kentucky website and can be reached at <http://webteach.mccs.uky.edu/khp781/asset.htm>. By Tim taking on the task of Webmaster for the web site means considerable financial savings for ASSET. We will be meeting again, via phone, in mid-May; to continue to finalize plans for the annual meeting, membership issues, and continue examination of the by-laws to be sure they fulfill the needs for growth of our Society.

Journal of Shoulder and Elbow Surgery: Robert Cofield, M.D., Editor in Chief of the Journal of Shoulder and Elbow Surgery, has invited us to become more actively involved with the Journal. As acknowledgement of this involvement and our contribution to shoulder and elbow rehabilitation, the plan is to include the name of our Society on the cover of the Journal. Along with this comes an expectation that additional members of ASSET will contribute to its content. All ASSET members receive a subscription to this publication as part of their membership. We are excited at the recognition this gives our group.

Annual Meeting: We are altering our usual tradition of meeting simultaneously with the Closed Meeting of the American Shoulder and Elbow Surgeons (ASES), by deciding to meet in Seattle in September. We reached this decision after examining both the budget and availability of accommodations at this year's ASES site, Pebble

Beach, California. This decision was not made lightly and was initially discussed during our meeting in Napa, California. With an initial positive response from our members and upon further examination, we are now planning to have the meeting September 19<sup>th</sup> through 21<sup>st</sup>, Thursday through Saturday. Thursday and Friday will be our traditional combined research and education program, primarily for ASSET members. Saturday is being organized by the Education and Research Committees as a one-day course, aimed at therapists in the community, as well as ASSET members. Another purpose is that we are going to use this one-day course as a way to increase our financial resources. Jean O'Toole, her committee and others have been particularly working on putting a solid program together with a focus on rotator cuff tears, repairs, and rehabilitation.

We've been investigating the logistics of the course and it will likely be held at the University of Washington and a nearby hotel. We will also reserve a block of rooms at this hotel, which has a rate of approximately \$120-\$150/night. The amenities include breakfast buffet, complimentary bicycle use (it's close to a long and scenic bike trail), local phone calls, and high-speed internet access, as well as a pool, and a modest exercise facility. We are in the process of developing the social program and there is a wealth of activities in Seattle. You will be receiving a questionnaire about some particular ones, such as Mariner baseball games, as arrangements will need to be made well in advance. There are open markets, museums, artistic functions, and other events you can choose from. Public transportation is very convenient.

Contacts are being made for members to present at both the one-day course and at our regular meetings.

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## ***President's Message Cont'd.***

### **Sarah Jackins**

**2004!** With the concurrence of the members at our last meeting, John Basti has forged ahead on planning for our participation in the International Congress of Shoulder Surgery that will be held in Washington, DC, May 2-5, 2004. A preliminary committee met April 29<sup>th</sup> to discuss the feasibility. A tentative approach to developing a program was undertaken. We will now be approaching ASSET members to further develop and contribute to this process. The initial meeting included two therapists from the UK, Jo Gibson and Ann Mackie, who came over with the express purpose of initiating this combined effort. Also at the meeting were Basil Baccash and myself. The group anticipated that this is going to be an exciting opportunity to share ideas and encourage international fellowship in shoulder and elbow rehabilitation. Further information will be presented as it develops. Members will be contacted. If you want to be involved in the process before you are contacted, please contact John, Basil, or myself.

## ***Web Page Update***

### **Tim Uhl**

We have started a new web page and our new address is: <http://webteach.mccs.uky.edu/khp781/asset.htm>.

This address is not as straight forward as our old address but is saving us \$250.00 dollars a year and allowing us free updates anytime we need to update things. As you will see when you visit our website not all pages are linked and things will be added and changed as we progress. Tim Uhl is serving as the Webmaster and has gotten free space at the University of Kentucky to operate the page. You will see a header on each page linking to the University of Kentucky this is a requirement of the university for us to use their space.

The web page committee is composed of Phyllis Sherman, Joe Gianoni, Christine Blake, and Tim Uhl if you have suggestions please contact them. We will be discussing future plans for the web page and direction we would like to take it. Please provide us with your input.

### **WELCOME NEW MEMBERS**

David Ebaugh, Philadelphia, PA  
Maureen Williams, Australia

## **American Society of Shoulder & Elbow Therapists Annual Meeting 2002**



**Seattle, Washington  
September 19<sup>TH</sup>—21<sup>ST</sup>, 2002**

**Accommodations:** ASSET has reserved a block of rooms at the rate of \$119 per night at the hotel Watertown Seattle. There is a \$10 per person per night charge for each additional adult and children under 18 stay free. Rooms not reserved by August 19th will be released for sale to the public and the rate per night may change. All rooms include a complimentary continental breakfast, free local shuttle service, Showtime, ESPN, CNN, free parking and Seattle's Best Coffee. The hotel is 100% smoke free. Reservations can be made by calling toll free (866) 944-4242. Reservations can also be made by email at [reservations@watertownseattle.com](mailto:reservations@watertownseattle.com).

## **Secretary/Treasurer Report**

### **Tim Uhl**

Presently ASSET has \$7109.00 in the bank. This will decrease by approximately \$3,000.00 when we pay Mosby for the memberships' subscription to the Journal of Shoulder and Elbow Surgery. However, the annual conference turned a profit last year and we are hoping to do the same this year. So come and support the society in Seattle.

We have started collecting dues earlier in the year. We greatly appreciated all of you that have sent in your dues in a timely fashion. In an effort to keep costs contained we are trying to do as many things as possible by e-mail and the web.

## ***Proposed by-law change***

### **Tim Uhl**

Proposal to change Section 7 –  
Election of members in ASSET Bylaws

The bylaws presently states to become an active member you can only do so by making an application. This would require the general member to submit a completed application, two letters of recommendation, a CV, a statement of interest, and documentation of length of practice.

This has not been carried out in changing membership status from general to active in the past. Due to the size of our organization and the amount of paper work necessary to simply move from the general category to the active category this seems to be inefficient. I recommend the by-law to be changed to reflect what has been the practice of the society of late.

Currently, the By-Law reads as follows::

Section 7 – Election of Members

A. Membership shall be by application only.

- 1) Active Member – The candidate will be required to submit:
  - a) a complete application

- b) two letters of recommendation ( one from an orthopedic surgeon and one from a physical therapist or occupational therapist)
- c) a curriculum vitae including work experience and continuing education
- d) a statement of interest
- e) documentation of length of practice

The proposed by-law change:

- 1) **Active Member –**
  - a) **a general member for two years in good standing**
  - b) **has presented at one annual ASSET meeting**
  - c) **the general member is required to submit a written request to the ASSET executive board to be considered for active member status of ASSET.**
  - d) **a majority of ASSET executive board agrees that the individual is worthy of becoming an active member.**
  - e) **The ASSET executive board then notifies the member in writing of the member's status.**

## ***Membership Committee***

### **John Basti**

Over the past few weeks, Jean Evans and I have been working on the list of interested applicants. We have one new international member and we welcome Maureen Williams, from Sidney, Australia, to our Society. We have 34 potential members, 26 of whom are domestic and 8 foreign. We also have had interest from a group of therapists from Cape Town, South Africa. We have been in contact with most of these people by phone and e-mail, and have had a positive response. Jean has sent information packets to all those interested. Dorcas Beaton did a wonderful job of compiling a report on the current status and responsibilities of all members. As a result of that, the Education and Research Committees are now in the process of contacting those individuals who need to fulfill their responsibility for active membership by presenting at our annual meeting.

ASSET currently has a total 43 members, 24 active members, 15 general members and 4 foreign members.

#### **MEMBER UPDATES**

Marty Kelley and Brian Leggin have moved to a new clinic. They are still with the University of Pennsylvania Health System, but they are now located at Presbyterian Medical Center. The new center is a joint venture between the departments of rehabilitation and orthopedics, as well as the hospital. The mission of the center is to provide specialized care for upper extremity and sports related injuries. Marty and Brian's e-mail addresses remain the same. Marty's new work phone number is (215) 662-9158. Brian's new phone number is (215) 662-9156. Their address is: Presbyterian Medical Center, 6 Wright-Saunders, 39<sup>th</sup> & Market Streets, Philadelphia, PA 19104.

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## **Research Committee**

### **Brian Leggin**

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Back in February, we sent out an e-mail to all members regarding the initiation of a Clinical Research Network within ASSET. The purpose of the e-mail was to gauge the interest of members in participating in such a network. I will outline the options for participating for those of you who may have not received the message. Please keep in mind that you are not limited to one single way of participating and there are 5 ways of participating in a clinical research network:

1. I have a research question, have a process for data collection, etc., and would like to utilize a CRN with ASSET to help with the project.
2. I am interested in helping to develop a project centered around a research question. I would like to work with an individual who has a research question in doing background work, IRB approvals, developing processes, etc.
3. I would like to participate in a clinical research network by collecting data as part of a project.
4. I am an experienced researcher and would like to help mentor ASSET members in the development of a research project.

5. I have a research question, but would like the help of the research committee in getting started. We have received several responses for all options. I am currently tabulating and organizing those responses. I will be in contact with those individuals who are interested in participating. If you did not get a chance to respond to the e-mail and are interested, please drop me a message at [brian.leggin@uphs.upenn.edu](mailto:brian.leggin@uphs.upenn.edu). Also, if anyone has any ideas to contribute to the research committee, please send them!

A call for abstracts for this year's annual conference is available on the website or in this newsletter. Please remember the due date is June 1, 2002. Thanks to Dorcas' hard work, the quality and quantity of the research presentations has continually improved over the past few years. We'd like to see that trend continue! So, submit that interesting case study, or that new treatment technique you've been toying with, or that research that is currently in progress, or that completed work!! Remember that the success of the conference depends on everyone's participation!

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## **Education Committee**

### **Betsy Anderson**

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We are very excited about our 2002 meeting taking place in Seattle, home of the University of Washington Medical Center with its outstanding orthopedic faculty who are willing to assist us in presenting our conference away from our usual ASES/ASSET forum. The focus of our gathering will be on rehabilitation of stiff elbows. We are looking into the possibility of access into a gross anatomy lab with prepared specimens, along with presentations from our membership and from the orthopedic surgeons. By now most of the presenters from ASSET will have committed to one of the many forms a presentation can take, such as a case study, research project or specialized topic. It is an excellent chance to experience a supportive, interactive and stimulating audience. Another opportunity available this year is to present at the public course on the rotator cuff that Jean, Basil, John, and Bryce have been organizing, which will be held on Saturday, September 21, the day following our own meeting. An excellent idea that has been brought up is to use

the lunch "break" of the public course as a venue to disseminate additional information from ASSET, possibly through poster or video presentations. This is new to us and we are very interested in your input and ideas!

We will be sending brochures for public rotator cuff course out to therapists in Washington and possibly Oregon. We hope that everyone from the annual meeting will stay on for it and participate however they can.

The lines between "research" and "education" continue to fade which seems a natural evolution of our organization. Both the Research and Education Committees hope to create an experience in Seattle that is rich in learning and personal growth. This is a call to each member for your ideas, input and hopefully participation in the annual meeting and public course. We look forward to hearing from you soon and seeing you in September.

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