



2018 ANNUAL MEETING
Friday, October 12 – Sunday, October 14, 2018
Sheraton Grand Chicago, Chicago, Illinois

FIRST SCIENTIFIC SESSION
FRIDAY, OCTOBER 12, 2018

7:00 – 8:00 am **Registration and Breakfast (Gold Coast Room; Lobby – Level 3)**

8:00 am **Welcome and Announcements (*Social Media*)**

Stephen Thomas, PhD, ATC, Past-President

Aaron Sciascia, PhD, ATC, President

June Kennedy, MS, PT, President-Elect

8:15 – 9:55 am Abstract Session I: Elbow

Moderator: Scott Hamersly

Abstract #1

8:15 am Influence of shoulder mechanics on elbow ulnar collateral ligament strain in an elite junior
USTA ranked tennis player- a clinical case report.

Bakshi A

8:30 am Q/A

Abstract #2

8:35 am Considerations and Rates of Return to Play after Conservative Treatment of an Ulnar Collateral Ligament Injury in Overhead Athletes: A Systematic Review
Cascia NG, Picha K, Hettrich CM, **Uhl TL**

8:50 am Q/A

Abstract #3

8:55 am Predictive Value of MRI in Outcome of Non-operative Treatment of Lateral Epicondylitis
Tyler T, Day M, McHugh M, Bedford B, Lee S, Nicholas S

9:10 am Q/A

Abstract #4 (Cancelled)

9:15 am Case report on the presentation of hand pain following proximal biceps tendon repair with nerve block anesthesia

Platz E

9:30 am Q/A

Abstract #5

9:35 am Use of shockwave therapy in shoulder and elbow

Patino O

9:50 am Q/A

9:55 – 11:25 am Abstract Session II: Complex Shoulder Patient

Moderator: June Kennedy

Abstract #6 (Debate)

9:55 am Is a Physical Examination of the Shoulder Necessary Prior to the Initiation of Care?

Shaffer MA, Fleming JA

Abstract #7

10:15 am Novel Approach for Surgical and Post Surgical Management of Chronic Shoulder Laxity in Ehlers Danlos Patient

Manske RC, Prohaska D

10:30 am Q/A

Abstract #8

10:35 am Effective treatment of Brachial Plexopathy, management of Scapular Dyskinesis & underlying Ehlers Danlos Syndrome

Kamal S

10:50 am Q/A

Abstract #9

10:55 am Treating Complex Regional Pain Syndrome in the Shoulder after a fall: A Case Report

Moran V

11:10 am Q/A

11:15 am Remaining Questions/Discussion

11:30 – 1:00 pm

LUNCH ON OWN/BOARD MEETING

1:00 – 2:00 pm

ASES Surgeon Lecture I:

Moderator: Dirk Kokmeyer

Superior Capsule Reconstruction

Lucca Lacheta, MD

2:00 – 2:50 pm

Abstract Session II: Shoulder Arthroplasty

Moderator: Brian Coote

Abstract #10

2:10 pm Rehabilitation for Anatomic and Reverse Total Shoulder Arthroplasty: A Systematic Review

Bullock GS, Garrigues GE, Ledbetter L, **Kennedy JS**

2:25 pm Q/A

Abstract #11

2:35 pm Quantification of Cost Savings from Outpatient Total Shoulder Arthroplasty

Gregory JM, Wetzig AM, Warth RJ, **Bailey L**

2:50 pm Q/A

3:00 – 4:00 PM

BREAK

4:00- 5:30 pm

ASES Panel Discussion

John D. Kelly IV, MD

University of Pennsylvania

William Mallon, MD

Triangle Orthopaedic Associates

Eric Ricchetti, MD

Cleveland Clinic

Surena Namdari, MD

Rothman Orthopaedic Institute

Anthony Romeo, MD

Rothman Orthopaedic Institute

Jay Keener, MD

Washington University

Stephanie Muh, MD

Henry Ford Health System

Augustus Mazzocca

University of Connecticut

Brent Morris

Fondren Orthopaedic Group

Kevin Ko

Orthopedic Physician Associates

6:30 – 8:30 PM

FOUNDER'S RECEPTION *(Social Event)*

Columbus AB (Lobby – Level 3)

SECOND SCIENTIFIC SESSION SATURDAY, OCTOBER 13, 2018

7:00 – 8:00 am **Breakfast (Gold Coast Room; Lobby – Level 3)**

8:00 am **Welcome and Announcements** (*Social Media*)
Stephen Thomas, PhD, ATC, Past-President

8:10 – 10:30 am **Abstract Session III: Shoulder Range of Motion & Strength**

Moderator: Elizabeth Hibberd

Abstract #12

8:10 am Three-dimensional assessments of shoulder strength during complex, multi-planar torque production

Baillargeon EM, Nicolozakes CP, Ludvig D, Perreault EJ, **Seitz AL**

8:25 am Q/A

Abstract #13

8:35 am Baseball players with a diagnosis of thoracic outlet syndrome demonstrate deficits in shoulder range of motion when compared to matched healthy controls

Garrison JC, Hannon J, Conway JE

8:50 am Q/A

Abstract #14

9:00 am Use of a Status Progressive Abduction/ External Rotation Device for improving shoulder motion

Ramsey M

9:15 am Q/A

Abstract #15

9:25 am The Use of Posterior Glide Mobilization and Sleeper Stretch on Glenohumeral Internal Rotation Deficit in an Adolescent Baseball Pitcher

Leatherman, J

9:40 am Q/A

Abstract #16 (Learning Lab)

9:50 am Testing the Length of the Posterior Structures of the Shoulder with the Shoulder in Lateral and Medial Rotation

Caldwell CA, Ivens R

10:00 am Lab Hands on Demonstration/Discussion

10:40 – 11:10 am

Ernest Amory Codman Lecture

A View of Shoulder Surgery 2018: Technique and Technology

Frederick A. Matsen, III, MD

11:10 – 11:25 am

Discussion: The Fellow and the Professor – Shoulder Treatment from the Upper Left Corner of the United States

Moderator: Anthony A. Romeo, MD

Faculty: Frederick A. Matsen, III, MD

11:25 – 12:00 pm

Presidential Address

Anthony A. Romeo, MD

12:00 – 12:15 pm

Questions and Answers – Ask the President

12:15 – 1:15 pm

Business Meeting & Lunch

1:15 – 1:30 pm

ASSET Future (President- Elect)

1:30 – 1:45 pm

Awards

1:50 – 2:35 pm **ASES Symposium VI: Shoulder Stiffness**
Moderators: June Kennedy, MPT, ASSET Member, and William J. Mallon, MD

1:50 pm Definition and Treatment of the Stiff Shoulder
TBD

1:56 pm Clinical Outcomes for Arthroscopic Release
Nikhil N. Verma, MD

2:02 pm Stiff Shoulder with Arthritis Comprehensive Arthroscopic Management (CAM) Procedure
TBD

2:08 pm ASSET Physical Therapist:
What Do I See? How Does Release Work? How Does Therapy Work?
Martin Kelley, PT, DPT, OCS, ASSET Member

2:14 pm ASSET: Treatment of Glenohumeral Internal Rotation Deficit (GIRD)
Charles A. Thigpen, PhD, ATC, PT, ASSET Member

2:20 – 2:35 pm Discussion & Questions

2:45 – 4:25 pm Abstract Session IV: Scapula

Moderator: Aaron Sciascia

Abstract #17

2:45 pm A Case Report Illustrating Partial Scapulectomy Surgery as a Viable Intervention for Chronic Scapula-thoracic Dyskinesia.

Hamersly S

3:00 pm Q/A

Abstract #18

3:10 pm The clinical importance of pectoralis minor restriction with resulting loss of scapular external rotation: Exploring clinically feasible objective measures and associated treatment strategies

Sanny WA

3:25 pm Q/A

Abstract #19

3:35 pm Repeated Arm Elevation Exercise Increases the Occurrence of Scapular Dyskinesia

Timmons MK, Armour K, Andres J

3:50 pm Q/A

Abstract #20

4:00 pm Electromyography activation of shoulder muscles during open and closed chain exercises
for the upper extremity

Michener LA, Plummer HA, Lee Y, Sanchez N, **Pozzi F**

4:15 pm Q/A

Abstract #21

4:25 pm Consensus No More! Proposed Addendum to the ASSET Consensus Guidelines for
Anterior Capsulolabral Repair and Rotator Cuff Repair

Wassinger CA, McGrath J, Clayton A, Bourassa M, King PM, Zimney K

4:40 pm Q/A

4:50 PM

Closing Day Remarks

Stephen Thomas, PhD, ATC, Past-President

THIRD SCIENTIFIC SESSION

SUNDAY, OCTOBER 14, 2018

7:00 – 8:00 am **Breakfast (Gold Coast Room; Lobby – Level 3)**

8:00 am **Welcome and Announcements** (*Social Media*)
Stephen Thomas, PhD, ATC, Past-President

8:10 – 9:00 am ASES Surgeon Lecture II:

Moderator:

Title: *The Treatment of Ulnar Collateral Ligament Injury in the Athlete*

Author: Michael G. Ciccotti, MD

9:10am – 10:25 am Abstract Session V: Athlete’s Shoulder

Moderator: Barry Shafer

Abstract #22

9:10 am Case Series: A Novel Approach to Addressing Potential Arm Injuries in Youth Pitchers

Tyson A

9:25 am Q/A

Abstract #23

9:35 am The Relationship between Lost Playing Time due to Musculoskeletal Injury and
Psychosocial Risk Factors in Division 1 College Softball Athletes: A Pilot Study

Zeppieri Jr. G, Davis K, Moser MW, Farmer KW

9:50 am Q/A

Abstract #24

10:00 am Changes in Clinical Measures and Tissue Adaptations in Collegiate Swimmers Across a
Competitive Season

Tate AR, Thomas SJ, Sarver J, DiPaola L, Yim J

10:15 am Q/A

10:25am – 11:40 am

Abstract Session VI: Rotator Cuff

Moderator: Alan Tyson

Abstract #25

10:25 am Measuring Rotator Cuff Muscle Cross Sectional Area Using Ultrasound: A Validation Study

Kokmeyer D

10:40 am Q/A

Abstract #26

10:50 am Physical Therapy versus Natural History in Outcomes of Rotator Cuff Tears: The ROW Cohort Study

Dickinson RN, Ayers GD, Archer KR, Fan R, Page C, Higgins LD, Kuhn JE, Baumgarten KM, Matzkin E, Jain NB

11:05 am Q/A

Abstract #27

11:15 am Humeral Superior Glide Syndrome: Case reports describing 2 patients with different contributing factors associated with humeral superior glide

Ivens R

11:30 am Q/A

11:40 am

Closing Remarks/Meeting Adjourn

Stephen Thomas, PhD, ATC, Past-President