



**American
Society of
Shoulder and
Elbow
Therapists**

32nd Annual Meeting of ASSET, San Antonio, TX
Meeting Agenda

Wednesday October 16

4:30-6:00 Registration Desk Open

5:30-7:00 ASES Welcome Reception

Thursday October 17

7:00-7:50 ICL: Rehabbing the Arthroplasty

Moderator: Michael T Freehill, MD

Armodios Hatzidakis, MD

Jacob Kirsch, MD

June Kennedy, PT, DPT

Rebecca Dickinson, PT, DPT

6:30-8:30 Registration Desk Open/Breakfast

8:00-8:15 Welcome/Opening Remarks Past-President Rebecca Dickinson

8:15-9:00 Abstract Session 1

Moderator: Rebecca Dickinson

The Reliability and Validity of a Novel Test of Upper Extremity Motor Control: The Visual Input Target Test for the Shoulder (VITTS). Tate AR*, DeSandis B*, Haller J*, Vassallo N*, Uhl TL†: *Arcadia University, Glenside PA, USA, †University of Kentucky, Lexington KY, USA

- Presenter: Angela Tate

Early versus Delayed Rehabilitation following Reverse Total Shoulder Arthroplasty for Proximal Humeral Fracture. Meggs K, Sanborn K[†], Reinke E^{††}, Green C[†], Kennedy J: Duke University Health System, Department of Rehabilitation[†], Durham, NC, Duke Global Health Institute, Orthopedics^{††} Department of Orthopedics, Duke University Health System

- Presenter: June Kennedy

Shoulder Joint Health Program – a successful solution for patients with glenohumeral osteoarthritis. Kennedy J, Lake A, Tomovich K, Lentz T, Roundy P: Duke University Health System, Department of Rehabilitation, Durham, NC.

- Presenter: June Kennedy

9:00-10:00 Abstract Session 2

Moderator: Jeff Leatherman

Differences Exist in Humeral Retrotorsion Corrected Glenohumeral Rotational Motion between MUCL-Injured and Healthy College Baseball Players. McCauley F*, Reynolds CM*, Vasquez JE*, Kennedy SM*, Gehring Z*, Conway JE†, Garrison CJ*, Myers NL*: *Memorial Hermann Rockets Sports Medicine Institute, Houston, TX, USA. †University of Texas Health Sciences Center Houston McGovern School of Medicine, Houston, TX, USA.

- Presenter: Frankie-Ann McCauley

Prevalence of pectoralis minor syndrome in an overhead athlete: A clinical case report.

Bakshi A: Hand and Orthopedic Rehab Clinic Brazil, Indiana. Union Health Terre Haute Indiana.

- Presenter: Ashim Bakshi

Investigating the Unintentional Use of Underweight and Overweight Baseballs at Various Levels of Competition. Tucker WS*, Epping AJ†: *Texas Tech University Health Sciences Center, Lubbock, TX; †University of Central Arkansas, Conway, AR.

- Presenter: Steve Tucker

Concurrent Validity of Penn, FAST, & SANE in Adolescent Overhead Throwers.

Kline DG, Lutz AD, Thigpen CA, Shanley E, Denninger TR: ATI Physical Therapy, Greenville, SC.

- Presenter: Daniel Kline

10:00-10:15 Break

10:15-11:30 Abstract Session 3

Moderator: Alan Tyson

Normalized shoulder strength changes in collegiate baseball athletes over a competitive season: a prospective cohort study. Kennedy SM*, Roth SB*†, Gehring ZA*, Jelmini, JD*, Conway JC‡, Garrison JC*, Bailey LB*, Myers NL*: *Memorial Hermann Health System Rockets Sports Medicine Institute, Houston, TX, USA. †University of Houston, Houston, TX, USA. ‡University of Texas Health Sciences Center in Houston, McGovern School of Medicine, Houston, TX, USA.

- Presenter: Sean Kennedy

Rotator cuff training with upper extremity blood flow restriction produces favorable adaptations in division IA collegiate pitchers: a randomized trial. Hedt C*, Lambert BS*†, Ankersen JP*†, Goble H*, Taft C‡, Daum J*, Karasch R‡, Moreno MR†, McCulloch PC*:

*Houston Methodist Orthopedics & Sports Medicine, Houston, TX. †Rice University, Houston, TX. ‡Texas A&M University, College Station, TX.

- Presenter: Corbin Hedt

Correlation of Lower Extremity Power on Jump Tests & Fastball Velocity in Baseball

Pitchers. Hedt C, Wilkinson E, Hernandez K, Karasch R, Lambert BS, McCulloch PC: Houston Methodist Orthopedics & Sports Medicine, Houston, TX

- Presenter: Corbin Hedt

The Impact of Posterior and Posterior Superior (PPS) Labral Injuries and the Effect of Their Treatment on Glenohumeral Kinematics in the Follow Through Phase of Throwing: A Biomechanical Study.

Malige A*, Thomas S**, Hung V†, Paul R*†, Gupta R‡, Ciccotti M*‡, Kelly J‡‡, Kibler B*‡‡: *Advanced Orthopaedics and Sports Medicine, San Francisco, CA.

**Thomas Jefferson University, Philadelphia, PA. †Congress Medical Foundation, Pasadena, CA.

*†Hackensack Meridian School of Medicine, Nutley, NJ. ‡University of Pennsylvania

Department of Bioengineering, Philadelphia, PA. *‡Rothman Orthopaedic Institute, Philadelphia, PA.

‡‡University of Pennsylvania Department of Orthopaedic Surgery, Philadelphia, PA.

*‡‡Lexington Clinic, Lexington KY.

- Presenter: Stephen Thomas

11:30-12:30 Panel: Strengthening in the Overhead Athlete

Moderator: Stephen Thomas

Frankie-Ann McCauley

Ashim Bakshi

Steve Tucker

Daniel Kline

Sean Kennedy

Corbin Hedt

12:30-2:00 Lunch (Executive Board meeting)

2:00-4:15 ASES Physician panel:

Moderator: Barry Shafer

Scott Rodeo, MD

Teruhisa Mihata, MD, PhD

Thay Q Lee, PhD

Peter N. Chalmers, MD

4:30-6:30 Founders Reception

Friday October 18

7:15-8:00 Breakfast/Past-Presidents Breakfast for Incoming President

8:00-10:00 **Keynote** John Conway, MD: Current Concepts in the Management of Little League Shoulder

Panel Discussion: John Conway MD, Sean Kennedy, Craig Garrison

10:00-10:15 Break

10:15-11:30 Abstract Session 4

Moderator: Angela Tate

Social determinants of health of shoulder rehabilitation: A physical therapist's insight on how to shift the odds in your favor.

- Presenter: Felipe J. Mares

What happens when the balloon pops? Managing the expectations of an irreparable full thickness rotator tear in an active adult. Coote, B PT, MBA, SCS, CSCS Wooster Community Hospital Health System, Wooster, Ohio.

- Presenter: Brian Coote

Rehabilitation Recommendations Following Surgical Reconstruction to Restore Elbow Flexion with a Latissimus Dorsi Muscle Transfer. Pniewski JE*, Parada SA†: *Palmetto Motion, Aiken, SC, USA †Department of Orthopedic Surgery, Augusta University, Augusta, GA, USA

- Presenter: Joshua Pniewski

The Inter-rater Reliability of a Novel Portable Three-Dimensional Scapular Kinematics Assessment System. Uhl TL*, Alkhamis ZE*, Sciascia AD†, Lockhart W†, Boggs JR*, Tuft N*, Smith C*, Kibler WB†: *University of Kentucky, Lexington, KY. †Lexington Clinic, Lexington KY.

- Presenter: Tim Uhl

11:30-1:00 Lunch with Presidential address (Brian Phillips) and board reports/Business meeting,

1:00-1:30 ASES **Ernest Amory Codman Lecture:** William J. Mallon, MD

1:30-2:30 ASSET Awards/ Recognitions/Election/Fellows

2:30-3:00 **ASES Presidential Address & Gavel Passing** John E. (Jed) Kuhn, MD, MS; Joaquin Sanchez-Sotelo, MD, PhD

3:00-3:30 ASES Awards Presentation (Neer Awards) with some very exciting ASSET related results!!

3:30 Adjourn